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FOR IMMEDIATE RELEASE

PRINCE GEORGE HOSTS FIRST COMMUNITY COACH FACILITATOR COURSE IN BC

NCCP Fundamental Movement Skills



Prince George, BC – Thanks to a partnership between Northern BC Winter Games and Coaches Association of BC and PacificSport Northern BC, on Saturday, October 23, nine people in five northern communities became Learning Facilitators for the most recent national community coach program (NCCP), Fundamental Movement Skills (FMS). Based on the *Canadian Sport for Life* model, the goal is to expose coaches to an innovative process that will help them teach Fundamental Movement Skills (FMS) like throwing, hopping, jumping, kicking, striking, balancing, catching, and agility to children.



The partnership between the Northern BC Winter Games Society, PacificSport Northern BC and the Coaches Association of BC, allowed for this great opportunity to occur. Being able to bring nine enthusiastic participants from various regions in the North for this session, goes a long way in our Society's continuation to deliver Healthy Living and Sport in Northern BC." said Wade Loukes, NBCWG President.



"Community coaches are incredibly important as they work with our young people to teach them about the benefits of competition, fair play and healthy living." said Prince George-Valemount MLA Shirley Bond. "I think finding additional training opportunities that provide coaches with extra support and skills is critical. Our own children have had exceptional community coaches and I am always thankful that so many people have the dedication that being a coach requires."



"The three organizations partnering together was instrumental. Everyone contributed to make this facilitator course take place. We now have 9 facilitators across multiple northern communities (Fort St. John (2), Smithers (2), Williams Lake (1), Mackenzie (2) & Prince George (2) able to deliver this program in many communities for years to come. The 2015 Canada Winter Games will also play a role in the continuous delivery of this community coach program" said Kristen Harrott, General Manager, PacificSport Northern BC.



PacificSport Northern BC

"Skills learned from sports transfer well into the rest of our lives, such as healthy, active living," said Prince George-Mackenzie MLA Pat Bell. "The more qualified our coaches are, the better results we can expect from our kids."

The Technical Director & Master Facilitator for the Coaches Association of BC, Laura Watson, flew up to deliver the course. "The Coaches Association of BC was excited to be able to offer the first FMS Learning Facilitator (LF) training in BC to the northern region. There is a huge demand for this program across Canada, and it is great to have such a strong group of Learning Facilitator's to start us off in BC" said Watson.

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