



Sport Technical Package

Fort St. John 2007 Northern BC Winter Games

Road Race

- Categories:** Female and Male (10-13)
Female and Male (14-19)
Female and Male (20 +)
- Participants:** 12 athletes plus 1 Coach/Manager per region. A maximum of 96 athletes and 8 Coaches/Managers will be permitted for the sport.
- Backfilling:** Each region may only register the number of athletes indicated above. Other teams must be registered as Substitutes. Once registration is complete, the Northern BC Winter Games Society will backfill the unused spots from the list of substitute teams, based on policy and ability to host.
- Eligibility:** Age as of Dec. 31st prior to the Games.
All participants must be members of BC Athletics with one of the following competitive memberships:
JD Juvenile Junior Senior Master
- Adult Recreation Runner and School memberships are also eligible.
- Supporting and Day of Event memberships are not eligible.
- If the participant does not hold any of the eligible annual memberships, they may take out a BC Games membership for \$20, through BC Athletics.
- Events:** 10-13 Male and Female 2km
14-19 Female 4 km
14-19 Male 6 km
20+ Male and Female 10 km
- Rules:** BC Athletics
- Coach Certification:** NCCP Level 1 Theory and/or Technical in Athletics recommended.
- Entry Fee:** \$65.00 per Participant (Coaches and Managers included).
- Officials:** A maximum of 2 officials are permitted for the sport.
- Race:** 2 km, 4 km, 6 km, and 10 km races will start together. All ages and both male and female competitors will run together.
- Awards:** Gold, Silver and Bronze medals will be awarded in all categories or events, as specified in Sport Technical Package, where a competition exists. If there is only one person or team in an event or category no medals will be awarded; this athlete/team however, will be presented with a participation certificate. This athlete/team may also compete in an alternate category/event, if the sport's rules permit. Only Northern BC Winter Games

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Venue: Northern Lights College (tentative)

Registration:

Online registration information is available from the Northern BC Winter Games Society Regional Representative.

Deadline for the completion of online registration is January 8, 2007 unless an earlier deadline is set by the Northern BC Winter Games Society Regional Representative.

Registration is completed online by the designated contact for each sport in each region. Registration fees are to be submitted to your Northern BC Winter Games Society Regional Representative by the deadline. A completed Team List (for team events) must also be submitted to the Regional Representative by the deadline.

For further information:

Contact your Northern BC Winter Games Society Regional Representative _____

Telephone Number _____

No changes are allowed to this Technical Package without Northern BC Winter Games Society approval.