



# Sport Technical Package

## Dawson Creek 2005 Northern BC Winter Games

### Road Race

<b>Categories:</b>	<b>2 km – Female &amp; Male</b>	<b>10-12 years old</b>
	<b>5 km – Female &amp; Male:</b>	<b>13-14, 15-19, 20-39</b>
	<b>10 km – Female &amp; Male:</b>	<b>15-19, 20-39, 40 +</b>
<b>Participants per Region:</b>	12 per region maximum	
<b>Rules:</b>	BC Athletics	
<b>Eligibility:</b>	Age as of the first day of the Games. All competitors must be members of BC Athletics – contact BC Athletics for details and forms <a href="http://www.bcathletics.org">www.bcathletics.org</a> .	
<b>Entry Fee:</b>	\$ 50.00 per participant (Coaches and Managers included).	
<b>Sanctioning:</b>	BC Athletics	
<b>Race:</b>	2 km, 5 km, and 10 km races will start together. All ages and both male and female competitors will run together. 2km and 5 km courses will be out and back. 10 km race is twice the 5 km course.	
<b>Awards:</b>	GOLD, SILVER, BRONZE medals in each Category. When there are four or more competitors or teams, Bronze, Silver and Gold medals will be awarded. When there are three competitors or teams, Silver and Gold medals will be awarded. When there are two competitors or teams only a Gold medal will be awarded.	
<b>Venue:</b>	<b>Central Middle School Course</b>	

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#### Registration:

Registration forms are available from the Northern BC Winter Games Society Regional Representative.

**Deadline for Registration Forms to Regional Directors is December 3, 2004**

Completed forms are to be returned to your Northern BC Winter Games Society Regional Representative, NOT the Host Community. Registration forms must include a completed Team List (for team events) and all required Entry Fees.

For further information, call your Regional Representative \_\_\_\_\_

Telephone Number \_\_\_\_\_

**No changes are allowed to this Technical Package without Northern BC Winter Games Society approval.**