



# Sport Technical Package

## 100 Mile House 2006 Northern B.C. Winter Games

### Gymnastics

<b>Categories:</b>	<b>Men</b>	Level 1 and 2	Under 10, 10-12, 13 and over	(3 age groups)
	<b>Women</b>	Provincial Beginner Agro, Tyro, Novice, Open		(4 age groups)
		Level 1	Agro, Tyro, Novice, Open	(4 age groups)
		Level 2	Argo/Tyro, Novice, Open	(3 age groups)

**Ages for all categories:** As defined by GBC

**Participants** 25 females and 5 males (spots allocated to one gender may not be filled with athletes from the other gender) plus 5 coaches/chaperones (Max 35) per region. A maximum of 180 athletes and 30 coaches/managers are permitted for the sport.

**Backfilling:** Each region may only register the number of athletes indicated above. Other athletes must be registered as Substitutes. Once registration is complete, the Northern B.C. Winter Games Society will backfill the unused spots from the list of substitutes, based on policy and ability to host.

**Rules:** Women: Canadian Provincial Program – Provincial 1 and 2 rules and PBC  
Men: Gymnastics Canada Gymnastique Level 1 Program rules.

**Eligibility:** Age as defined by Gymnastics BC, except where age categories are combined. Gymnasts must be registered as Competitive Gymnasts with GBC and must compete in their GBC registered category. Coaches and judges must be GBC registered members.

**Coach Certification:** NCCP Level 2 Certification required

**Sanctioning:** Gymnastics BC

**Entry Fee:** Each participant, including Coaches and managers pay \$60 (paid to Northern B.C. Winter Games Society).  
Athletes pay an extra \$5 to the host club for lunch fee.  
Please prepare two separate cheques, one for registration, one for lunches.

**Tournament Draw:** 1<sup>st</sup> day: Women 2 events / Men 3 events  
2<sup>nd</sup> day: Women 2 events / Men 3 events  
The choice of events for each day will depend on the size of the facility. The Sport Chair will draw the starting order. GBC may provide help if necessary. Grouped by Divisional Teams, where possible.

**Notes:** Competitor order will be determined by the Sport Chair, with Sport Technical assistance from the PSO, as required. One competitive list is also required at the time of the Regional trials.

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**Lunch Fees:** \$5.00 will be collected by the host club at the time of Accreditation. The Host club will purchase or prepare a nutritious lunch for all participants. Lunch tickets will be given out at the Games, as per the usual procedure at Meets.

**Awards:** Each age group within each category for Men and Women will receive Gold, Silver and Bronze Medals for each event and "all around".

When there are four or more competitors or teams, Bronze, Silver and Gold medals will be awarded. When there are three competitors or teams, Silver and Gold medals will be awarded. When there are two competitors or teams only a Gold medal will be awarded. Only Northern B.C. Winter Games Society medals are permitted to be awarded.

**Officials:** A maximum of 10 judges / officials are permitted for the sport

**Judging:** Judging will be as per the CPP rules for women and the GCG Level 1 and 2 rules for men. All judges must be registered with Gymnastics BC. Optimum judging representation should consist of an equal number of judges from each participating region and an equal number of judges from individual clubs within the region, if available. The optimum number of judging per panel is 4, with a minimum of 2. Trainee judges are permitted but not to be considered in the minimum number allowed. Judge's panel will consist of:

	Women's	Men's
Competition Head Judge	Prov 4 or higher	Pre-National 1
Event Chief Judge (A1)	Prov 3 or higher	Regional
First Judge (B Panel)	Prov 2 or higher	Regional
Remaining Judges (B Panel)	Prov 1 or higher	Regional

The Competition Head Judge must submit, in writing, a schedule to all other Judges two weeks prior to the meet. The judging Chair for the Host Zone will be in charge of setting up the judging panels according to the Gymnastics BC judging rules.

**Venue Requirements:** A gymnasium 80'x100' would allow equipment for both men and women competitions to be set up simultaneously. A smaller facility would require set-up and take down between competition days. Ceiling height of at least 22' is required. 33m length required for the vault. Two or three floor plates is ideal, separated by a distance of 13'1" x 18'1". If floor plates are not available, freestanding equipment must be used. A meeting room for 12-15 adults for the judges is required.

**Venue:** Peter Skene Ogden High School

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### Registration:

Registration materials and information are available from the Northern B.C. Winter Games Society Regional Representative.

**Deadline for submitting Registration Forms to Regional Representatives is December 2, 2005.**

Completed forms are to be returned to your Northern B.C. Winter Games Society Regional Representative, NOT the Host Community. Registration forms must include a completed Team List (for team events) and all required Entry Fees.

For further information, call your Regional Representative \_\_\_\_\_

Telephone Number \_\_\_\_\_

**No changes are permitted to this Sport Technical Package without Northern B.C. Winter Games Society approval.**