



## **Abbotsford 2016 BC Summer Games**

**July 21-24, 2016**

This document includes the BC Games General Rules and the Technical Packages with the sport-specific rules for these Games.



## 2016 BC Summer Games General Rules

*BC Games General Rules provide details of the general eligibility requirements as well as competition parameters and rules for inclusion in the BC Games. Only BC Games Society staff can approve exceptions or exemptions to the BC Games rules. **In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the technical package for each sport.***

### Condition of Entry

Participant information is collected under the authority of the BC Games Society. The information provided will be used to determine eligibility to participate in the 2016 BC Summer Games. On confirmation of eligibility the information will be used to arrange liability insurance coverage to address any claims arising from the voluntary participation of registered participants in the 2016 BC Summer Games. The name, hometown, sport, and results of registered participants will be provided to media outlets and available on the BC Games Society and the Abbotsford 2016 BC Summer Games Society websites for the purpose of acknowledging selection for participation and placing. The names, addresses, email addresses, phone numbers, results, and/or images of registered participants may be used in non-commercial promotion/development of sport and/or the BC Summer and/or BC Winter Games or the BC Games Society. The names, addresses, email addresses, phone numbers, results, and/or images of Games participants may be provided to the Premier and/or the Minister responsible for the Games, and/or to members of the legislative assembly, and/or to local members of parliament, and/or to the media for the purposes of recognition, and/or to a local municipal volunteer agency or department and/or to BC Games sport partners for the purpose of recognition and/or informing of sport-related and/or training opportunities and/or to school principals and/or school district superintendents for the purpose of recognition and acknowledgement. For questions about the collection and use of this information, please contact the BC Games Society at 200 -990 Fort Street, Victoria, BC V8V 3K2 or (250) 387-1375 or [info@bcgames.org](mailto:info@bcgames.org).

Volunteers and participants may be protected for their actions vis a vis third party claims through the liability insurance for the Games but are not covered for any personal claims for injury or accident. Participants and volunteers agree to release, discharge and undertake not to commence action against the Abbotsford 2016 BC Summer Games Society, the Province of British Columbia, and the BC Games Society from any and all claims and causes of action, or liability of any kind whatsoever for injuries, property damage, or death which in any way results from participating or volunteering in the Abbotsford 2016 BC Summer Games.

The BC Games Society will not be liable for any communication between a BC Games Society participant and/or volunteer and any third party group that receives the participant and/or volunteer contact information list from the BC Games Society after the two year period expires under the Canadian Anti-Spam Legislation Act (an Act to promote the efficiency and adaptability of the Canadian economy by regulating certain activities that discourage reliance on electronic means of carrying out commercial activities, and to amend the Canadian Radio-television and Telecommunications Commission Act, the Competition Act, the Personal Information

Protection and Electronic Documents Act and the Telecommunications Act S.C. 2010, c. 23) (“Act”). The two year period begins at the conclusion of the 2016 BC Summer Games. This clause is a defence to any violation under the Act regarding any communication between a third party group and a participant and/or volunteer of the BC Games Society that occurs after the two year period has expired. By completing a volunteer registration form (online or paper copy) or being registered to attend the 2016 BC Summer Games participants and volunteers are agreeing to all of the terms outlined in this conditions of entry agreement.

## **Eligibility of Participants**

(a) Provincial Sport Organizations choose the age group of athletes to attend the BC Games within the BC Games Society Core Sport policy. Generally, they are under 18 and are athletes who have potential to move beyond local or regional competition to higher level competition and are generally in the higher end of the Learning to Train stage or the lower end of the Training to Train stage of the sport's Long Term Athlete Development (LTAD) model or Canadian Sport for Life (CS4L) framework. [Click here to review the Core Sport Policy.](#)

(b) Due to the level or age of athletes, some Provincial Sport Organizations have restricted the eligibility of competitors beyond those outlined in this section. Refer to the technical package for each sport for information.

(c) Athletes or teams competing in the BC Games must be members of their respective Provincial Sport Organization and their registration for the Games must be approved by the Provincial Sport Organization.

(d) The date for determining athlete ages for all events in a sport shall be no later than July 21, 2016, unless otherwise specified by the Provincial Sport Organization in the technical package for the sport.

(e) The BC Summer Games are open to individuals whose permanent residence/major domicile has been the Province of BC for at least three months immediately prior to the BC Games, with the following exceptions:

- i) Athletes residing at an address in Canada but outside of BC are eligible for the BC Games if they:
  - 1) reside near the BC border and associate primarily with British Columbia in school, league, club, or team play; AND
  - 2) are members of the British Columbia provincial sport organization (PSO) for their sport; AND
  - 3) they do not compete in any leagues, provincial competitions, or provincial Games of any other province or territory.

ii) when the above-noted exception is invoked, the following shall apply: No more than 30% of the allocated number of athletes and/or wildcards from outside the province shall be included on the zone team.

iii) athletes residing in BC but attending school outside the Province of BC AND who train in BC (i.e. permanent training program is in BC), are eligible to compete in the BC Games if they return to BC to compete in a qualification event for the zone in which they make their permanent residence. Athletes qualifying under this rule are not considered out-of-province athletes; therefore, rule (e) ii) does not apply.

(f) Each athlete, head coach, assistant coach, and adult supervisor shall compete only for the zone in which they make their permanent residence. Exceptions to this rule may be considered for athletes who attend school in BC but outside of their zone and where it is not feasible for them to return to their zone because of distance, to compete in the zone qualification event(s) for their zone.

- (g) Each athlete, head coach, assistant coach and adult supervisor may participate in only one sport at the BC Games.
- (h) Each athlete may only attend one BC Games in the same sport, unless otherwise specified in the technical package. Athletes with a disability may attend no more than two BC Games in the same sport unless otherwise specified in the in the technical package.
- (i) Every zone with athletes attending the Games must have a head coach. All head coaches must be NCCP Competition Introduction certified (or the equivalent) unless otherwise specified in the technical package.
- (j) All assistant coaches must be certified in the NCCP Making Ethical Decisions module prior to participating in the BC Games.
- (k) Any exceptions to eligibility rules must have the approval of the BC Games Society Event Manager responsible for Sport **PRIOR TO** the zone qualification event(s).

### **Entry Deadlines**

- (a) Zone qualification events: Consult with the Zone Representatives for local qualification dates. Check with the Provincial Sport Organization for subsequent deadlines. Zone qualification dates are determined by each sport. See the technical package for each sport for details.
- (b) Registration of Games participants (except officials): The BC Summer Games registration deadline of Monday, June 20, 2016 must be strictly adhered to. Information about the BC Games Online Participant Registration process will be mailed to the Zone Representative for each sport (or the Provincial Advisor if a Zone Representative is not listed) approximately six months prior to the Games. The BC Games Online Participant Registration process must be used by each sport to provide the names, addresses, etc. of all athletes, head coaches, assistant coaches, adult supervisors, and substitutes from each zone. The Zone Representative should ensure the BC Games Online Participant Registration process is completed immediately after the zone qualification event(s) and should not wait until June 20, 2016 to complete this process. The BC Games Society will mail a package with the Guide to the Games and other information regarding transportation, accommodation, accreditation, ceremonies, etc. directly to each registered participant within ten days of the registration deadline.
- (c) Registration of Officials: Each Provincial Advisor will be sent information about the BC Games Online Participant Registration process so that they may register the predetermined number of officials for their sport by June 20, 2016. Officials registered after this date will not be entitled to stay in Games accommodation or travel on Games transportation to/from the Games and will be required to make their own travel and accommodation arrangements, at their own expense.
- (d) Participant Accreditation Centre: The Participant Accreditation Centre location will be determined by the Host Society and the BC Games Society. Individuals should check in at the Participant Accreditation Centre as soon as they arrive in Abbotsford. No one will be permitted to obtain another participant's accreditation information. All participants in the BC Summer Games must personally check-in at the Participant Accreditation Centre by 5:00 pm on Thursday, July 21, 2016. No one will be accredited to participate in the BC Summer Games after that time. For further details on the location of the Participant Accreditation Centre and all rules governing registration, please contact the Provincial Advisor for the respective sport.

### **Substitution**

(a) Competitors: The athletes and substitutes in each sport must be registered via the BC Games Online Participant Registration process by the registration deadline. Substitution for competitors may be made at the time of accreditation in the Host Community only if the substitute was registered as a substitute via the BC Games Online Participant Registration process by the deadline of June 20, 2016. Under no circumstances will an athlete be permitted to substitute at the time of accreditation if their name does not appear as a properly registered substitute on reports from the BC Games Online Participant Registration database.

(b) Head Coaches, Assistant Coaches, Adult Supervisors, and Officials: Head coaches, assistant coaches, adult supervisors, and officials may be substituted for those previously submitted, upon accreditation in the Host Community. The total number of head coaches, assistant coaches, and adult supervisors cannot exceed the total number of coaches allocated for the sport in the technical package. Note every zone must have a head coach. If assistant coaches have any NCCP training they are registered as “assistant coaches”, otherwise they are registered using the role “adult supervisor”. The number of registered officials may not exceed the number stated in the technical package for each sport. [Click here](#) to see the technical package for each sport.

### **Replacement Teams and Wildcard System**

[Click here](#) for information about the Replacement Team Policy (for team sports) and the Wildcard Policy (for individual sports).

### **Registration Fee**

A registration fee of \$175.00 (inclusive of taxes) for each athlete will be assessed for participation in the BC Games. Provincial Sport Organizations may charge additional fees for qualifications, training, uniforms, etc. The registration fee is waived for head coaches, assistant coaches, adult supervisors, and officials. The *payment of registration fees* to the BC Games Society is made by the Provincial Sport Organization for all athletes in attendance at the Games for their sport, within 30 days of the Games. It is the responsibility of the PSO to collect registration fees from athletes. Discuss with the Zone Representative or contact the Provincial Sport Organization for details about sport specific fees charged to athletes.

### **Transportation**

Chartered bus and/or air travel will be arranged for Games participants who have chosen BC Games transportation, from predetermined zone pick-up points for arrival in Abbotsford on Thursday, July 21. Charter bus and/or air transportation will depart from Abbotsford in the afternoon and evening of Sunday, July 24 or early morning of Monday, July 25.

Alcohol consumption and smoking are NOT permitted on BC Games transportation. Bus drivers have the authority to remove any passengers from BC Games transportation who do not comply with these regulations. The time and location of departures will be sent to all participants after June 29, 2016 when all registrations have been received and processed. No cash equivalents will be issued for alternative modes of transportation. Athletes with a disability should contact their Provincial Advisor for information about their travel options prior to the registration deadline.

**Team Travel** - To ensure the safety and supervision of BC Games athletes during travel to and from the BC Games, zone teams must travel together on Games transportation (buses/flights) departing from, and returning to, central pick-up locations. This ensures that every athlete is supervised by an accredited adult (head coach, assistant coach, or adult supervisor) from the time they board a bus/flight until the time they arrive at their destination.

The Zone Representative chooses the central pick-up/drop-off location(s) for the zone team based on where the majority of participants live. A minimum of one of the accredited adults with the zone team must leave from and return to the selected location(s) with their athletes. The maximum number of pick-up/drop-off locations is based on the number of adults (head coach, assistant coach, or adult supervisor) associated with the zone team. This ensures that the zone team travels on the same bus(es) or flight(s) and that the athletes have adult supervision throughout the journey. This also ensures that the team arrives at their destination at the same time.

Participants must provide their own transportation to/from the selected pick-up/drop-off locations. The pick-up/drop-off location(s) may not be the closest one to the participants' homes; however, this system is necessary to ensure proper safety and supervision of athletes.

Example: The Thompson-Okanagan (Zone 2) team has athletes and coaches from Kamloops, Penticton, Kelowna, Merritt, and Vernon. There are two adults (head coach and assistant coach) associated with the team; therefore, two central pick-up/drop-off locations are chosen, Kamloops and Kelowna. One of the adults will travel from/to each location. The Zone Rep assigns athletes to travel from/to one of the two chosen locations with one of their coaches, even though there may be Games transportation (with other zone teams or sports) departing from/returning to locations closer to their home.

During the registration process, Zone Reps will select their zone's team travel pick-up/drop-off location(s) (city) by the registration deadline of June 20, 2016.

## **Accommodation**

(a) All participants under 19 years of age residing outside of the Abbotsford School District #34 are required to stay in BC Games accommodation unless otherwise stated in the technical package for the sport. All athletes under 19 years must be properly supervised by one or more of the adults associated with the zone team. See roles of head coaches and assistant coaches and adult supervisors.

(b) Athletes 19 years and over and those residing in the Abbotsford School District #34 have the option of staying in BC Games accommodation or securing alternate accommodation at their own expense unless otherwise stated in the technical package for their sport. Participants who elect to provide their own accommodation will be responsible for:

- the cost of alternate accommodation;
- supplying their own breakfasts and dinners; and
- providing their own transportation while at the BC Games.

The accommodation choice of every participant must be indicated when they are registered via the BC Games Online Participant Registration process by the Registration Deadline. Those choosing BC Games accommodation are expected to stay for the duration of the Games and will be removed from competition if

they depart from Games accommodation before the conclusion of the Games. Refer to section (f) below for rules regarding leaving Games accommodation.

(c) Athletes with a disability and their support personnel have the option of staying in BC Games accommodation or securing other accommodation at their own expense as outlined in paragraph (b) above. Athletes with a disability and their support personnel, who choose alternate accommodation at their own expense, will still have access to breakfasts and dinners in the BC Games cafeteria(s) at no cost. Athletes with a disability should contact their Provincial Advisor for information about their accommodation options.

(d) Head coaches, assistant coaches, and adult supervisors who accompany teams or individual athletes under 19 years of age are required to stay with them in BC Games accommodation in a supervisory capacity. Head coaches, assistant coaches, and adult supervisors of teams or individual athletes where all athletes are 19 years of age and over are given an accommodation option as outlined in paragraph (b) above.

(e) Officials for each sport who are 19 years and over have the option of staying in BC Games accommodation (for three nights) or securing alternate accommodation at their own expense. If officials choose to stay in alternate accommodation they will be provided with BC Games meals and transportation. Officials who are under 19 must stay in BC Games accommodation and must have an adult stay with them in a supervisory capacity.

(f) Leaving Games Accommodation - Any Participant who chooses Games accommodation must remain in accommodation for the duration of the Games. Anyone who removes themselves from Games accommodation prior to the completion of the Games will be disqualified from competition and may be subject to additional disciplinary action. Should participants be finished competition prior to the final day of the Games, they may remove themselves from Games accommodation with the approval of the Provincial Advisor. Any participant removing themselves from Games accommodation is also removing themselves from Games transportation for their return trip. This means that they will need to make their own transportation arrangements for their trip home, at their own expense. Participants are permitted to permanently leave Games accommodation if, and only if, they (or a parent/guardian or the team coach, if under the age of 19) and the Provincial Advisor signs and submits the required form.

**Note: Some sports may require all participants to take BC Games transportation and/or stay in BC Games accommodation.** Refer to the technical package for each sport.

### **Head Coaches, Assistant Coaches, and Adult Supervisors**

Every zone with athletes attending the Games must have a head coach. All head coaches must be NCCP Competition Introduction certified (or the equivalent) unless otherwise specified in the technical package.

To assist Provincial Sport Organizations in meeting coach certification requirements, the BC Games Society has implemented a Coaching Exemption Policy which permits PSOs to apply for an exemption on a zone-by-zone basis. Exemption applications are due June 13, 2016, one week before the registration deadline.

Review the policy for more details. The application form will be provided to Provincial Advisors.

All assistant coaches must be certified in the NCCP Making Ethical Decisions module prior to participating in the BC Games.

In addition to coaching duties, head coaches and assistant coaches are expected to travel with their athletes on BC Games transportation, stay with them in BC Games accommodation, and supervise them throughout the Games. Head coaches and assistant coaches are expected to act in a supervisory capacity travelling to/from and at the Games with their athletes and to ensure that their athletes adhere to the BC Games General Rules, the technical package for their sport, and the BC Games Code of Conduct and all rules and codes of conduct established by their provincial sport organization. When an assistant coach does not have any NCCP training, they are registered as an adult supervisor. Adult supervisors are expected to support the BC Games rules and supervise the athletes on their zone team as noted above.

### **Adult Supervisors**

Sports are not allocated adult supervisors. This role code is used instead of assistant coach when the individual filling the role does not have ANY NCCP training. Adult supervisors act in a supervisory capacity with the zone team and ARE NOT over and above the allocated number of head coaches and assistant coaches allocated per sport and zone. In special circumstances additional adult supervisors may be permitted with a zone team but only with the approval of the BC Games Event Manager responsible for sport. Adult supervisors must be a minimum of 19 years of age and must reside in BC Games accommodation with their zone. They are also expected to travel to and from the BC Games with their zone team, if applicable.

### **Officials**

Transportation, accommodation, and meals will be provided for a predetermined number of officials for each sport as outlined in the technical package. Officials must be named and registered by the Provincial Advisor by the registration deadline. In accordance with the BC Games Society policy, no officials will be paid a fee by the BC Games or the Host Society for their services.

In general, major officials (referees, umpires, etc.) are registered as officials through the Provincial Advisor and minor officials (scorekeepers, timers, etc.) are registered as volunteers in the Host Community.

Others sport representatives (such as a Zone Representative or the Provincial Sport Organization President who has been actively involved in the administration and organization of their sport's involvement in the BC Games) may be registered on the list of officials, by the Provincial Advisor, as long as the maximum number of officials allocated for the sport is not exceeded. The Provincial Advisor must ensure that the officials (referees, umpires, etc.) needed for sport competition have been appointed before naming any other individuals.

Refer to the technical package for the sport for maximum number of officials for each sport.

Individuals registered as officials who are under 19 are required to stay in Games accommodation and are required to have an adult stay with them in a supervisory capacity.

### **Medals**

Gold, Silver, and Bronze medals specially cast for each BC Summer and BC Winter Games are awarded at the Games. Medals are awarded to each athlete having competed and placed in a designated medal event. For some team sports and team events head coaches and assistant coaches also receive medals. Adult supervisors are not awarded medals.

Medals are presented in all sports and all events based on the following rule (minus-one rule) :

- When there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded.
- When there are three competitors or teams, only Silver and Gold medals will be awarded.
- When there are two competitors or teams, only a Gold medal will be awarded.

Medals at the BC Summer and BC Winter Games are presented in the following order:

- Bronze Medal Third Place
- Silver Medal Second Place
- Gold Medal First Place

Only BC Games medals are permitted to be awarded at the BC Games unless pre-approved by the BC Games Event Manager responsible for sport and outlined in the technical package for each sport.

## Uniforms and Equipment

(a) **Uniforms:** Uniforms are the responsibility of each individual or team. All athletes must be properly attired for their sport. There are restrictions on sponsor logos included on uniforms, clothing, pinnies, bags, etc. worn at the BC Games. There are also policies on when and how the BC Games logo and zone information may be used on these items. Refer to the Logo Use and Recognition policy and the Graphic Standards for Participants manual for details. Pre-approval is required on items - contact the BC Games Society.

(b) **Equipment:** All equipment used during the BC Games must meet the specifications of the governing Provincial Sport Organization. Individuals and/or teams must supply their own practice balls and/or equipment.

(c) **Medical Equipment:** Each individual or team is to supply their own basic training supplies such as tape, elastic wraps, etc. There will be fully qualified first-aid personnel at each sport location to treat any injuries sustained during competition.

## Zone Colours

Colours have been established for each zone for purposes of identification. These colours are not compulsory for uniforms. It is, however, appreciated if each sport would attempt to incorporate their zone colour in some manner to help identify their competitors. [Click here](#) for zone descriptors and refer to the Graphic Standards for Participants manual for zone colour information.

## Conduct of Participants

Exemplary conduct is expected of all Games participants. This is expected from the time Games participants board BC Games transportation (or arrive at the Participant Accreditation Centre by their own transportation) until they return home. Abuse of any BC Games rules by any participant in any sport may result in removal of that sport from future BC Games. Any behaviour contrary to the spirit of the BC Games or any violation of curfew regulations or BC Games policies, will result in appropriate disciplinary action.

Participants at any BC Games are one of many outstanding athletes, head coaches, assistant coaches, adult supervisors, and officials who will be involved in competition. It is important that each participant show Games volunteers and all other Games participants the same respect they would want in return.

Any damages to a BC Games venue or infrastructure due to the actions of a participant(s) will result in disciplinary action and/or financial restitution by the participant(s) involved and/or their Provincial Sport Organization.

During the Games or during travel to/from the Games, any athlete, head coach, assistant coach, adult supervisor or official found to be under the influence of, or in possession of, drugs or alcohol, will be subject to appropriate disciplinary action.

The BC Games Society is committed to providing a sport, work, and volunteer environment in which all individuals are treated with respect and dignity and will have no tolerance for harassment. Each individual has the right to participate and work in an environment which promotes equal opportunities and prohibits discriminatory practices. All Games participants are expected to abide by the BC Games Society harassment policy. See the policy for more information.

### **Medical Treatment**

The BC Games Society has implemented a Medical Protocol for the Removal of Injured Athletes from Competition.

Head coaches, assistant coaches, adult supervisors, family members, and athletes should also note that BC Games Medical volunteers assigned to each sport venue, in conjunction with the Medical Clinic physicians, are responsible for the treatment of all Games participants. Medical volunteers will be at every sport venue during scheduled practice and competition times and are always the first-responders to injuries. This is the case even if a zone team travels with medical personnel, a trainer, or qualified first aid attendant.

# Technical Package for Athletics

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Athletics last updated: **April 23, 2015.**

*Be sure to check back for updates.*

Venue:	Rotary Stadium
Age:	14 - 15
Age Description:	Born in 2001 or 2002.
Zone Team Composition:	24 (12 male and 12 female) competitors per zone.
Wildcards:	96 wildcard spots (48 male and 48 female). Wildcard spots are determined and allocated by the Provincial Advisor.
Maximum Athletes:	288
Coaches: <i>(See BC Games General Rules for information about the "adult supervisor" role)</i>	Each zone is required to have a Head Coach and 3 Assistant Coaches (at least one of each gender). The minimum age for Coaches is 19 years of age. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	37 <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:  <i>In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Athletes MUST compete at their Zone trials to be eligible for team selection except as provided for in the Selection Guidelines published on the BC Athletics website and available to the Zone Representatives. All participants in the Zone Trials and the BC Summer Games must be registered members of BC Athletics. Check with the Provincial Advisor for details. Performance data must be included with each registration. Each zone is permitted the following: three athletes for sprint events (100m and 200m), two athletes for all other events, and one relay team per zone per relay event (4x100m and 4x400m). After the Zone Teams have been selected, vacant positions in each event will be filled by Wildcards based on performance. Each athlete MAY BE SELECTED from the zone trials to compete in up to three events plus a relay as determined by the Zone

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games. See BC Games General Rules for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

Representative. Athletes are not guaranteed three events or a relay competition. Athletes competing in the pentathlon may compete in that event only, plus one relay.

All Head Coaches must be fully certified at NCCP Athletics Club Coach Certified (or equivalent). All coaches must be members of BC Athletics.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - more information can be found [here](#).*

Separate Events for Boys and Girls: 100m, 200m, 300m, 800m, 1200m, 2000m, 1500m Race Walk, 1500m Steeplechase (no water jumps), Hurdles (girls 80m, boys 100m)\*, 200m Hurdles\*, 4x100m Relay, 4x400m Relay, High Jump, Long Jump, Triple Jump, Pole Vault, Discus (1kg), Javelin (girls 500g, boys 600g), Shot Put (girls 3kg, boys 4kg), Hammer (girls 3kg, boys 4kg), and Pentathlon \* Technical Notes: – 80 m hurdles: 8 hurdles at .762 m (30”), distance to first hurdle is 12 m, distance between hurdles is 8m, distance to finish is 12 m. –100 m hurdles: 10 hurdles at .840 m (33”), distance to first hurdle is 13 m, distance between hurdles is 8.5 m, distance to finish is 10.5 m. – 200 m hurdles: 5 hurdles at .762 m (30”), distance to first hurdle is 20 m, distance between hurdles is 35 m, distance to finish is 40 m. – Pentathlon will take place over one day in this order: Girls: 80m Hurdles, High Jump, Shot Put, Long Jump, 800m; Boys: 100m Hurdles, Long Jump, Shot Put, High Jump, 1000m.

#### Equipment:

Personal throwing implements must be approved by the BC Athletics technical official at least 1 hour before the start time of the event. Items not approved will not be permitted in the competition. Athletes competing in Pole Vault must bring poles to compete and must make arrangements for their transportation to the Games through the Provincial Advisor. All other throwing implements will be supplied by the host club. BC Athletics states that all zone qualification trials must be held no later than June 5, 2014. Zone Representatives may charge additional event fees for competing at the trials.

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

#### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and*

BC Athletics states that all participants are required to stay in BC Games accommodation, regardless of where they reside. THIS INCLUDES ATHLETES AND COACHES LIVING IN SCHOOL DISTRICT #34. Athletes are required to be part of their BC

*transportation.*

**Medals:**

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

Summer Games Zone team from their arrival on Thursday until the end of the Games on Sunday. Coaches are expected to reside in BC Games accommodation with their athletes.

Medals will be awarded in each event for boys and girls, within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Athletics - Special Olympics

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Athletics - Special Olympics last updated: **July 3, 2015.**

*Be sure to check back for updates.*

Venue:	Rotary Stadium
Age:	13 - 50
Age Description:	Minimum of 13 years of age and maximum of 50 years as of July 21, 2016.
Zone Team Composition:	a total of 16 athletes (8 male and 8 female).
Wildcards:	Not applicable.
Maximum Athletes:	16
Coaches: <i>(See BC Games General Rules for information about the "adult supervisor" role)</i>	1 Head Coach and up to 3 Assistant Coaches. One Head Coach must be registered for the sport. There must be at least one coach of each gender. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	2 <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:  <i>In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Athletes must be registered with Special Olympics BC prior to the selection deadline. All athletes must have participated in a provincially sanctioned Special Olympics event in 2015 or 2016.  Athletes may not attend more than two BC Games to compete in Athletics-Special Olympics.
Coach Eligibility:	All Head Coaches must have completed Introduction to Competition SOC, Introduction to Competition Part

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games. See BC Games General Rules for information about the roles of the head coach and assistant coach.*

**Events and Categories:**

A (NCCP), and have completed Athletics Level 1 (NCCP). Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - more information can be found [here](#).*

Separate Male and Female Events: 100m, 200m, 400m, 800m, Long Jump, Shot Put

Mixed Event: 4x100m Relay (teams must be made up of athletes all from the same Zone)

**Equipment:**

**Zone Selections and Registration Deadline:**

Selections are made by Special Olympics BC.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

**Accommodation and Transportation:**

Special Olympics BC states that all athletes must stay in BC Games accommodation, regardless of where they live.

*Also see BC Games General Rules for further details about accommodation and transportation.*

**Medals:**

Medals will be awarded in each event, within the parameters of the BC Games Society Minus-One Rule.

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Baseball

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Baseball last updated: **March 3, 2016.**

*Be sure to check back for updates.*

Venue:

Age:

Age Description:

Zone Team Composition:

Wildcards:

Maximum Athletes:

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

Delair Park/McMillan Park

Under 16

Athlete cannot turn 16 in 2016.

one team of 16 competitors per zone.

Not applicable.

128

1 Head Coach and 2 Assistant Coaches per team. Where the zone team includes both male and female athletes, the Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

22

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Teams are Zone all-star teams.

Athletes may only attend one BC Summer Games to compete in Baseball.

All Head Coaches must be fully certified Provincial Coach. Every zone must have a Head Coach. All Assistant Coaches must have completed MED. In addition, Assistant Coaches are expected to be Regional Coach – Trained; however, exceptions will be considered by the Provincial Advisor.

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of [Making Ethical Decisions](#) is required for all assistant coaches - [more information can be found here](#).*

Events and Categories:

Tournament draw to be made by Baseball BC.

Equipment:

Zone Selections and Registration Deadline:

Baseball BC states that all Zone Qualifications and Online Registration must be completed by June 3, 2016.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

Accommodation and Transportation:

Baseball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*



# Technical Package for Basketball - 3x3 - Boys

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Basketball - 3x3 - Boys last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Abbotsford Middle School
Age:	Under 13
Age Description:	Athletes must turn 13 on or after January 1, 2016.
Zone Team Composition:	two teams of 5 male competitors per zone
Wildcards:	Not applicable.
Maximum Athletes:	80
Coaches:	1 Head Coach and 1 Assistant Coach
<i>(See BC Games General Rules for information about the "adult supervisor" role)</i>	(Manager), at least one of whom must be male, per zone. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials:	8
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:	Competitors must be members of Basketball BC.
<i>In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Teams are zone all-star teams.
Coach Eligibility:	Athletes may only attend one BC Games to complete in Basketball (3x3). All Head Coaches must have completed NCCP Fundamentals Component. Assistant Coaches must have completed Making Ethical Decisions.
<i>Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.</i>	<i>BC Games General Rules dictate the level of coach</i>

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

*certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Events and Categories:

Tournament format to be determined by Basketball BC.

Age group FIBA rules.

Equipment:

Size #6 Baden basketballs will be used for all Games.

Zone Selections and Registration Deadline:

Zone selections are determined by Basketball BC.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules](#) for registration procedures.*

Accommodation and Transportation:

Basketball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

The BC Games Society requires participants stay in accommodation for the duration of the Games. Removal from accommodation will result in disqualification from competition. Once competition is complete, participants may be checked out of accommodation ONLY if approval is received from Basketball BC PRIOR TO the Games.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from Basketball BC PRIOR TO the Games.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

# Technical Package for Basketball - 3x3 - Girls

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Basketball - 3x3 - Girls last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Abbotsford Middle School
Age:	Under 13
Age Description:	Athletes must turn 13 on or after January 1, 2016.
Zone Team Composition:	two teams of 5 female competitors per zone
Wildcards:	Not applicable.
Maximum Athletes:	80
Coaches:	1 Head Coach and 1 Assistant Coach
<i>(See BC Games General Rules for information about the "adult supervisor" role)</i>	(Manager), at least one of whom must be female, per zone. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials:	8
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:	Competitors must be members of Basketball BC.
<i>In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Teams are zone all-star teams.
Coach Eligibility:	Athletes may only attend one BC Games to complete in Basketball (3x3). All Head Coaches must have completed NCCP Fundamentals Component. Assistant Coaches must have completed Making Ethical Decisions.
<i>Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.</i>	<i>BC Games General Rules dictate the level of coach</i>

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

*certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Events and Categories:

Tournament format to be determined by Basketball BC.

Age group FIBA rules.

Equipment:

Size #6 Baden basketballs will be used for all games.

Zone Selections and Registration Deadline:

Zone selections are determined by Basketball BC.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules](#) for registration procedures.*

Accommodation and Transportation:

Basketball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

The BC Games Society requires participants stay in accommodation for the duration of the Games. Removal from accommodation will result in disqualification from competition. Once competition is complete, participants may be checked out of accommodation ONLY if approval is received from Basketball BC PRIOR TO the Games.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from Basketball BC PRIOR TO the Games.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

# Technical Package for Basketball - Boys

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Basketball - Boys last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:

Abbotsford Senior Secondary

Age:

Under 14

Age Description:

Athletes must turn 14 on or after January 1, 2016.

Zone Team Composition:

one team of 10 male competitors per zone.

Wildcards:

Not applicable.

Maximum Athletes:

80

Coaches:

1 Head Coach and 1 Assistant Coach

*(See BC Games General Rules for information about the "adult supervisor" role)*

(Manager), at least one of whom must be male, per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.*

Officials:

11

*(the number of Officials the sport is permitted to register as participants)*

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.*

Athlete Eligibility:

Competitors must be members of Basketball BC.

*In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Teams are zone all-star teams.

Coach Eligibility:

Athletes may only attend one BC Games to complete in Basketball (5 on 5).

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

All Head Coaches must be trained at Learn to Train. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Events and Categories:

Equipment:

Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules](#) for registration procedures.*

Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules.](#)*

*assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament format to be determined by Basketball BC.

Age group FIBA rules.

Size #7 Baden basketballs will be used for all boys' games.

Zone selections to be determined by Basketball BC.

Basketball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

The BC Games Society requires participants stay in accommodation for the duration of the Games. Removal from accommodation will result in disqualification from competition. Once competition is complete, participants may be checked out of accommodation ONLY if approval is received from Basketball BC PRIOR TO the Games.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from Basketball BC PRIOR TO the Games.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Basketball - Girls

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Basketball - Girls last updated: **July 3, 2015.**

*Be sure to check back for updates.*

Venue:

Abbotsford Senior Secondary

Age:

Under 14

Age Description:

Athletes must turn 14 on or after January 1, 2016.

Zone Team Composition:

one team of 10 female competitors per zone.

Wildcards:

Not applicable.

Maximum Athletes:

80

Coaches:

1 Head Coach and 1 Assistant Coach

*(See BC Games General Rules for information about the "adult supervisor" role)*

(Manager), at least one of whom must be female, per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.*

Officials:

11

*(the number of Officials the sport is permitted to register as participants)*

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.*

Athlete Eligibility:

Competitors must be members of Basketball BC.

*In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Teams are zone all-star teams.

Coach Eligibility:

Athletes may only attend one BC Games to complete in Basketball (5 on 5).

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

All Head Coaches must be trained at Learn to Train. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Events and Categories:

Equipment:

Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules](#) for registration procedures.*

Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules.](#)*

*assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament format to be determined by Basketball BC.

Age group FIBA rules.

Size #6 Baden basketballs will be used for all girls' games.

Zone selections to be determined by Basketball BC.

Basketball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

The BC Games Society requires participants stay in accommodation for the duration of the Games. Removal from accommodation will result in disqualification from competition. Once competition is complete, participants may be checked out of accommodation ONLY if approval is received from Basketball BC PRIOR TO the Games.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from Basketball BC PRIOR TO the Games.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Canoe/Kayak

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Canoe/Kayak last updated: **October 2, 2015.**

*Be sure to check back for updates.*

Venue:	Bedford Channel (Fort Langley)/Sumas Drainage Canal
Age:	12-16
Age Description:	Athletes must be born in 2000, 2001, 2002, 2003, or 2004.
Zone Team Composition:	8 athletes (no more than 6 of one gender) per zone.
Wildcards:	24 wildcards (no more than 13 of one gender).
Maximum Athletes:	88
Coaches:	1 Head Coach and 1 Assistant Coach per zone.
<i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	Where the Zone team includes both male and female athletes, the Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials:	19
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	Athletes who have qualified for a single final at the previous year's National Championship are ineligible to participate in a subsequent BC Summer Games.
<i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Athletes who have competed in a Western Canada Summer Games or a Canada Summer Games in Canoe/Kayak are ineligible to compete at a subsequent BC Summer Games.

All participants must be members of CanoeKayak BC.

Athletes may attend a second BC Summer Games to compete in Train to Compete singles events ONLY if at the first Games they competed in Train to Train singles events. Athletes may not attend more than two BC Summer Games to participate in Canoe/Kayak. All Head Coaches must be Entry Level Competitive Coach certified. Every zone must have a Head Coach. Assistant Coaches must be Community Coach certified and must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

##### Kayak:

K-1 Male - 500m Train to Train, 200m Learn to Train, 2000m Open  
K-1 Female - 500m Train to Train, 200m Learn to Train, 2000m Open  
K-2 Male - 500m Train to Train, 500m Learn to Train, 2000m Open  
K-2 Female - 500m Train to Train, 500m Learn to Train, 2000m Open  
K-4 Male - 500m Open  
K-4 Female - 500m Open  
K-4 Mixed - 500m Open  
Slalom K-1 Male - Open  
Slalom K-1 Female - Open

##### Canoe:

C-1 Male - 500m Train to Train, 200m Learn to Train, 2000m Open  
C-1 Female - 500m Train to Train, 200m Learn to Train, 2000m Open  
C-2 Male - 500m Train to Train, 500m Learn to Train, 2000m Open  
C-2 Female - 500m Train to Train, 500m Learn to Train, 2000m Open  
C-4 Male - 500m Open  
C-4 Female - 500m Open  
C-4 Mixed - 500m Open  
OC-6 Mixed - 500m Open, 2000m Open  
Slalom C-1 Male - Open

## Slalom C-1 Female - Open

Every athlete must participate in a minimum of three (3) events and a maximum of eight (8) events. For kayak paddlers at least three (3) of which must be in the canoe discipline, for canoe paddlers at least 2 must be in the kayak discipline.

### Singles:

Entries in the Learn to Train (L to T) kayak category must compete in a trainer kayak or steadier boat (i.e.. Ocean or touring kayak). Entries in the L to T canoe category must compete in a 'clipper' canoe type boat and may use a high kneel position. A competitor may enter Learn to Train (L to T) in one discipline and T to T in another.

### Doubles:

At least one member of a L to T K-2 must have competed in the L to T K-1 event. Entries in the L to T canoe category must compete in a 'clipper' canoe type boat and may use a high kneel position.

### Fours:

A minimum of 50% of the crew must race in each discipline (canoe and kayak). Entries in the open canoe category must compete in a 'clipper' canoe type boat and may use a high kneel position. Mixed gender events require a 50/50 split of genders in the team. Team members cannot be replaced between heats and finals without Competition Committee approval.

### OC-6:

A minimum split of 50/50 is required for crew composition UNLESS the zone team has only 2 athletes of one gender. In the event an experience steerperson is not a member of the Zone Team, an adult coach may be assigned to the crew, however, he/she may ONLY steer the boat and not forward paddle.

### Slalom Singles:

All competitors are encouraged to enter in at least one slalom event. Practice time will be available on practice day and just before the timed event.

Participants will have the opportunity to

familiarize themselves with the equipment.

The Competition Committee reserves the right to move L to T paddlers to T to T when obviously outclassing their category.

The Competition Committee reserves the right to combine races where the entries are less than three (3) boats.

All racing equipment (boats, lifejackets, kneeblocks, paddles, and other personal equipment) will be provided at the venue. CanoeKayak BC will coordinate the transportation of required equipment from clubs to the Games.

CanoeKayak BC states that all zones must complete Zone Qualification events by June 5, 2016. All zone registrations (including substitutes) must be registered no later than midnight on June 12, 2016. Wildcards will be allocated by a committee comprised of the Provincial Advisor, the Assistant Provincial Advisor, and the Provincial Coach based on circulated criteria from the list of all "alternatives" registered by June 12, 2016.

CanoeKayak BC states that all participants must stay in BC Games accommodation, regardless of where they reside.

The BC Games Society requires participants stay in accommodation for the duration of the Games. Removal from accommodation will result in disqualification from competition. Once competition is complete, participants may be checked out of accommodation ONLY if approval is received from CanoeKayak BC PRIOR TO the Games.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from CanoeKayak BC PRIOR TO the Games.

Gold, Silver, and Bronze medals will be awarded in each event, within the parameters of the BC Games Society Minus-One Rule.

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

#### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Equestrian

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Equestrian last updated: **July 16, 2015.**

*Be sure to check back for updates.*

Venue:	Abbotsford Exhibition Park/Agrifair Arena
Age:	11 - 18
Age Description:	A minimum of 11 years of age and a maximum of 18 years of age as of January 1, 2016.
Zone Team Composition:	4 athletes per zone.
Wildcards:	16 wildcard spots
Maximum Athletes:	48
Coaches:	1 Head Coach and 1 Assistant Coach per zone.
<i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	Where the zone team includes both male and female athletes, the Head Coach and Assistant Coach must be of the opposite gender, otherwise one must be the same gender as the athletes. If the Zone team includes athletes in three (3) or more disciplines an additional Assistant Coach may be added with the permission of your Provincial Advisor. The Provincial Advisor will request approval from the BC Games Society Event Manager. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials:	16
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	Competitors must reside in the zone for which they are competing. They must compete with the same horse as they qualified on. Riders must be members in good standing of Horse Council BC and must have proof of membership.
<i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	

Competitors may enter only one Equestrian division at the BC Summer Games, but may enter any division during the zone selection trials.

Athletes may only attend one BC Summer Games to compete in Equestrian.

Riders must submit at least two scores from a minimum of two qualifying competitions.

Dressage: Dressage rider/horse combinations who have competed at the third level or equivalent and above at a sanctioned competition are not eligible to compete at the BC Summer Games in Dressage.

Jumpers: Rider/horse combinations who have placed (individually or as a team) 1st, 2nd, 3rd, or 4th in jumping in a sanctioned competition in 2015/16 in a class with specifications over 1.2m are not eligible to compete in Jumper at the BC Summer Games.

Vaulters: Vaulters between 12 and 18 years of age who are eligible according to BC Equestrian Vaulting Rules to compete at the Division D canter level in the 2015/2016 competition season. Eligible vaulters may not have won a BC Championship title nor competed at the Canadian national or FEI level as an individual vaulter. Vaulters will compete for the Zone in which they reside, which is not necessarily the Zone their home club trains in. It is the responsibility of vaulters and their coaches to determine which Zone they may qualify for.

Wildcards are allocated by the Provincial Advisor for Equestrian.

All Head Coaches must be fully certified at NCCP Level 2 or Competition Coach Specialist. Each zone is required to have a Head Coach. All Assistant Coaches must either be NCCP Level 1 certified or be registered as "in training" with Horse Council BC in the new certification program. All Assistant Coaches must have completed Making Ethical Decisions.

Athletes' primary coaches are encouraged to attend the Games and take part in the coaching development opportunities but they will not be accredited and attendance at the Games will be at their own expense.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Events and Categories:

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of *Making Ethical Decisions* is required for all assistant coaches - [more information can be found here](#).*

All events open to both male and female riders on equal terms. All events are combined male and female events.

Current Equine Canada Rules apply.

Rider declaration forms are available from Zone Representatives, Provincial Coordinators, Horse Council BC, or at qualifying competitions. Forms must be carefully read, completed, signed and returned to Horse Council BC.

Dressage Division: in a 20m x 60m ring

1. First Level Test 2
2. First Level Test 3
3. First Level Freestyle

Jumper Division:

1. 1.10m Welcome Jumper FEI 238.2.2
2. 1.10m Mini Grand Prix FEI 273.3.1 A competition in two rounds with a jump off. Starting order for the second round will be the reverse order of penalties and time in the first round. Penalties from round one and round two will be added together. In the event of equality of penalties for first place, there will be a jump off against the clock. Other competitors are placed according to their penalties over two rounds and their time from the first round.
3. 1.10m FEI 238.2.1. Competition against the clock. No jump off.

Vaulting Division:

Division D Canter - compulsory test and free style test

1. Compulsory test and freestyle test combined score
2. Compulsory test and freestyle test combined score
3. Compulsory test and freestyle test combined score

Equipment:

Stabling and Feed: Feed and hay for horses is the responsibility of the competitors. Stabling is provided free of charge by the Abbotsford 2016 BC Summer Games for Wednesday, Thursday,

Friday, Saturday, and Sunday nights only. Check out time is 11 am on Monday. Bedding is provided.

Tack and Attire: Competitors must have the appropriate tack and numbers on their horses at all times when being worked and/or ridden and must be in appropriate attire when on the show grounds and in stable areas. Properly worn and fitted ASTM/SE1 helmets must be worn by competitors whenever mounted, where called for in competition requirements.

For vaulting, two experienced vaulting horses (and their lungers) will be provided. Each vaulter and Coach will have the choice of two horses - each will also serve as a reserve horse for the other.

Wildcards are allocated by the Provincial Advisor for Equestrian.

Final results from the zone selections must be provide to the discipline chairs from the Zone Representatives and the Assistant Provincial Advisor by June 10, 2016.

Horse Council BC states that all participants must stay in BC Games accommodation, regardless of where they reside.

Groom to be appointed by the rider and will stay on site with horses.

Medals will be awarded in each event in each division, within the parameters of the BC Games Society Minus-One Rule described above.

Medals will also be awarded to the zone team with the highest aggregate medal count. A zone team shall consist of at least 5 competitors from three different disciplines, from the same zone.

Competitors must be present at the Medal Presentation Ceremony, and appropriately attired, in order to receive their medal.

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

#### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Equestrian - Para

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Equestrian - Para last updated: **July 3, 2015.**

*Be sure to check back for updates.*

Venue:

Abbotsford Exhibition Park/Agrifair Arena

Age:

13-30

Age Description:

A minimum of 13 years of age and a maximum of 30 years of age as of January 1, 2016.

Zone Team Composition:

a maximum of 10 athletes. Each Zone may field one athlete. Once all Zones have submitted their registration, the assignment of unallocated spots will be assigned to Zones by the Provincial Advisor.

Wildcards:

Not applicable.

Maximum Athletes:

10

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and up to 8 Assistant Coach for the sport. Where both male and female athletes are attending the Games, there must be at least two coaches of the opposite gender, otherwise one must be the same gender as the athletes. *Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

3

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Para riders must be members in good standing of Horse Council BC and registered with BC Therapeutic Riding Association prior to selection deadline.

Competitors must be classified and compete in their Grade according to their functional classification. Competitors with in Profile 39 (learning disability) will be permitted to

participate in the BC Summer Games and must complete and submit the INAS-FID Classification forms.

Competitors who have placed individually, or as a team, 1st, 2nd, 3rd, or 4th in national or international competitions in 2015 or 2016 are not eligible to compete at the BC Summer Games.

Riders must submit two scores from a minimum of two qualifying competitions in all three classes. Riders may attend a qualifier in a zone they do not reside in, if enough qualifying competitions are not available in their zone.

Athletes may not attend more than two BC Games to compete in Equestrian-Para.

All Head Coaches must be fully certified at NCCP Level 2 or Competition Coach Specialist. Each zone is required to have a Head Coach. All Assistant Coaches must either be NCCP Level 1 certified or be registered as "in training" with Horse Council BC in the new certification program. All Assistant Coaches must have completed Making Ethical Decisions.

Athletes' primary coaches are encouraged to attend the Games and take part in the coaching development opportunities but they will not be accredited and attendance at the Games will be at their own expense.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Grade 1a – EC Test 1, EC Test 2, FEI PE Freestyle  
Grade 1b – EC Test 1, EC Test 2, FEI PE Freestyle  
Grade II – EC Test 1, EC Test 2, FEI PE Freestyle  
Grade III – EC Test 1, EC Test 2, FEI PE Freestyle  
Grade IV – EC Test 1, EC Test 2, FEI PE Freestyle

Each athlete must participate in 3 classes. Riders must submit at least two scores from competitions in all three events. All 2013 Equine Canada Bronze Tests to be used and FEI Freestyle tests. All tests ridden in 20m x 40m arena except Grade IV Tests to be ridden in 20m x 60m.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

All events are open to male and female riders equally. 1. Test 1 (EC) 2. Test 2 (EC) 3. Freestyle (FEI PE)

#### Equipment:

Stabling and Feed: Feed and hay for horses is the responsibility of the competitors. Stabling is provided free of charge by the Abbotsford 2016 BC Summer Games for Wednesday, Thursday, Friday, Saturday, and Sunday nights only. Check out time is 11 am on Monday. Bedding is provided. Groom to be appointed by the rider and will stay on site with horses.

Tack and Attire: Competitors must have the appropriate tack and numbers on their horses at all times when outside of stall and/or ridden and must be in appropriate attire when on the show grounds and in stable areas. Properly worn and fitted ASTM/SE1 helmets must be worn by competitors whenever mounted, where called for in competition rules.

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Final results from the zone selections must be provided to the discipline chairs and the Assistant Provincial Advisor by June 10, 2016.

The Assistant Provincial Advisor will complete BC Games online registration process for all zone team athletes, coaches, and Officials no later than June 14, 2016. All other grooms, volunteers, or assistants must register online using the BC Games Society Online Volunteer Registration directly.

#### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

Horse Council BC states that all participants must stay in BC Games accommodation, regardless of where they reside. The exception to this is any participant with a disability who may choose to reside outside BC Games accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they also will not be eligible for BC Games transportation at the Games. Meals will be provided, as per the Bus & Meal Schedule for the sport.

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

Medals will be awarded for each event, all Grades combined, within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Golf

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Golf last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Ledgeview Golf and Country Club
Age:	12 - 16
Age Description:	12- 16 years of age as of July 24, 2016.
Zone Team Composition:	8 athletes per zone. All zones to bring 4 male and 4 female athletes except for zones 1, 7, and 8 which may bring up to 6 athletes of one gender, upon approval of British Columbia Golf. A minimum of 4 athletes comprise a zone team. Teams are expected to bring both male and female athletes.
Wildcards:	No wildcards
Maximum Athletes:	64
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 1 Assistant Coach (Managers) per zone. Where the zone team includes both male and female athletes, the Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	15 <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	Players must abide by the British Columbia Golf Conditions of Competition and Local Rules.
<i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	The Rules of Play shall be the Rules of Golf as approved by the RCGA/USGA and the R & A.

Players must be members in good standing of the British Columbia Golf and present a current RCGA handicap card at registration.

BCGA may assess a tournament fee in addition to the BC Games registration fee. All fees are paid directly to BC Golf.

Athletes may only attend one BC Games to compete in Golf.

All Head Coaches must have Comp A and B OR Coach New Competitor (CNC) OR equivalent. Assistant Coaches must have completed NCCP Competition A or the equivalent course and Making Ethical Decisions. Apprentice coaches will be considered as part of the British Columbia Golf coach development model and must be pre-approved. Apprentice coaches cannot serve as Head Coaches.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Yardage - As per recommendations via the Long Term Player Development Guide for Golf, for the Train to Play Stage (Girls 11 – 15 yrs old/Boys 12 – 16 yrs old), the following yardages will be utilized for the BC Summer Games:

- Girls = 5200 – 6000 yards
- Boys = 5600 – 6600 yards

Boys Individual, Girls Individual, Mixed Zone Teams.

All athletes will participate in a mandatory rules and etiquette session at the Games.

Athletes will participate in the practice on the Thursday of the Games; details will be provided on the Sport Schedule.

Scoring:

Individual Play: 36 holes of stroke play. Scoring is based on a total two-day gross score. Medals are awarded to the top 3 in each of the Boys Individual Play and Girls Individual Play.

Team Play: 36 holes of stroke play. Team scores are based on the two-day total of the 3 lowest

Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Events and Categories:

net scores posted each day from any member of the Zone Team. Medals are awarded to the top 3 Teams. All players on a Zone Team must be from the same Zone.

#### Equipment:

Dress Code: Competitors must adhere to the dress code of the local host Golf club and the British Columbia Golf. It is mandatory that all Zone participants be in the same uniform. Caps will be coloured by zone colours.

#### Zone Selections and Registration Deadline:

British Columbia Golf states that all zone qualification events must be completed by June 6, 2016.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

#### Accommodation and Transportation:

British Columbia Golf states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

*Also see BC Games General Rules for further details about accommodation and transportation.*

#### Medals:

Medals will be awarded for boys and girls events as well as for Zone team scoring, within the parameters of the BC Games Society Minus-One Rule.

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Lacrosse - Box

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Lacrosse - Box last updated: **August 12, 2015.**

*Be sure to check back for updates.*

Venue:

Abbotsford Recreation Centre (main venue)/MSA Arena

Age:

15 - 16

Age Description:

Midget players born in 2000 or 2001.

Zone Team Composition:

One team of 19 male competitors, 2 of whom are goaltenders, per zone.

Wildcards:

Not applicable.

Maximum Athletes:

152

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 2 Assistant Coaches per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

14

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Teams must be comprised of members of registered team(s) who live in the applicable BC Games zone. Competitors must be members in good standing with the BC Lacrosse Association.

Competitors will be selected on a "try-out" basis. All competitors within the zone, who meet all applicable regulations, will be notified of these try-outs.

Teams are zone all-star teams.

Athletes may only attend one BC Summer

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

## Events and Categories:

### Equipment:

### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures.](#)*

### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules.](#)*

Games to compete in Lacrosse-Box.

All Head Coaches must be fully certified at NCCP Competitive 2 or CPI Competitive Introduction. All Assistant Coaches must be fully certified at Community Development 1 and must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament draw to be determined by the BC Lacrosse Association Minor Directorate.

Lacrosse balls must be CLA approved.

All Online Registration must be completed by the Zone Directors and payment provided to the BCLA Office by June 2, 2016.

The BC Lacrosse Association states that all participants must stay in BC Games accommodation, regardless of where they reside.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Lacrosse - Field

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Lacrosse - Field last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:

Age:

Age Description:

Zone Team Composition:

Wildcards:

Maximum Athletes:

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Abbotsford Senior Secondary Turf Field

14 - 15

Athletes born in 2001 or 2002.

One team of 19 male players, 2 of whom are goaltenders, per zone.

Not applicable.

152

1 Head Coach and 2 Assistant Coaches per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

14

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Teams must be comprised of members of registered team(s) who live in the applicable BC Games zone. Competitors must be members in good standing with the BC Lacrosse Association.

Competitors will be selected on a "try-out" basis. All competitors within the zone, who meet all applicable regulations, will be notified of these try-outs.

Teams are zone all-star teams.

Athletes may only attend one BC Summer Games to compete in Lacrosse - Field.

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

All Head Coaches must be fully certified at NCCP Competitive 2 or CPI Competitive Introduction. All Assistant Coaches must be fully certified at Community Development 1 and must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

## Events and Categories:

Tournament draw to be determined by the BC Lacrosse Association Field Directorate.

## Equipment:

Lacrosse balls must be CLA-approved.

## Zone Selections and Registration Deadline:

All Online Participant Registration must be completed and payment provided to the BC Lacrosse Association office by June 2, 2016.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

## Accommodation and Transportation:

The BC Lacrosse Association states that all participants must stay in BC Games accommodation, regardless of where they reside.

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

## Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

# Technical Package for Rowing

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Rowing last updated: **October 8, 2015.**

*Be sure to check back for updates.*

Venue:

Bedford Channel (Fort Langley)

Age:

Under 17

Age Description:

Under 17 years of age as of December 31, 2016. Athletes must be born in 2000 or later.

Zone Team Composition:

Teams are comprised of up to four (4) core athletes (2 male and 2 female) and up to two (2) wildcard athletes (1 male and 1 female) per zone. Zones that can fill all six of these allocated spots can request an additional two (2) wildcard spots (1 male and 1 female). It is the discretion of the Provincial Advisor as to which zones are allocated additional wildcard spots.

Zone teams are capped at eight (8) athletes, except where the total number of athletes for the sport is insufficient and the Provincial Advisor may assign additional wildcard spots to some zones.

Where a zone cannot bring equal numbers of athletes of each gender, the zone may request permission of the Provincial Advisor to bring more athletes of one gender. Zones are expected to bring both male and female athletes.

Wildcards:

28 wildcard spots (no more than 20 of one gender). Wildcard spots will be assigned by the Provincial Advisor.

Maximum Athletes:

56

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 1 Assistant Coach per zone. Where the zone team includes both male and female athletes, the Head Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.*

12

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.*

Every competitor shall be a member of a rowing club recognized by Rowing BC and member in good standing of Rowing Canada Aviron (RCA). Each athlete must be registered as a competitive rower with RCA, and each Coach registered as a Coach. A RCA number will be required and verified.

Athletes who have participated in a Canadian National Senior, U23, Junior, or CanAmMex Team; or Canada Summer Games, Western Canada Summer Games, or Provincial Games in Canada at any time are not eligible to compete in the BC Summer Games.

Athletes may attend only one BC Games to compete in Rowing.

All Head Coaches must be a minimum of Competition Introduction certified (or equivalent). Assistant Coaches must be a minimum of RCA LTR Instructor certified (or equivalent) and must have completed the Making Ethical Decisions online evaluation.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Each zone will submit two (2) male and two (2) female single scullers (1X) and one (1) male and one (1) female double scull (2X). Due to race scheduling, the male and female 2X athletes may not race in the 1X events, and the male and female 1X athletes may not race in the 2X events. Exceptions may be made due to injury.

All categories (M1X, W1X, M2X, W2X) will compete in three (3) events: 1500mtr time trial, 1000mtr race format (heats & finals), Skills event.

#### Officials:

*(the number of Officials the sport is permitted to register as participants)*

#### Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

Races will be conducted under the current RCA Rules of Racing.

Equipment:

Racing equipment (1X and 2X) will be provided by local clubs, as arranged by Rowing BC. Assignment of boats will be random.

Zone Selections and Registration Deadline:

Zone Qualification Event(s) must be completed by June 10, 2016.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Accommodation and Transportation:

Rowing BC states that all participants must stay in BC Games accommodation, regardless of where they reside.

*Also see BC Games General Rules for further details about accommodation and transportation.*

Medals:

Medals will be awarded in each event, within the parameters of the BC Games Society Minus-One Rule.

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

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# Technical Package for Rugby - Girls

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Rugby - Girls last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:

Abbotsford Exhibition Park

Age:

Under 17

Age Description:

Athletes must be born in 1999 or 2000.

Zone Team Composition:

12 female competitors per zone. One team per zone.

Wildcards:

Not applicable.

Maximum Athletes:

96

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 2 Assistant Coaches (trainers) per zone (at least one of whom must be female). Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

8

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

The BC Rugby Union does not recommend that players be encouraged to play out of their correct age group under any circumstances. However, exceptional players ONE BIRTH YEAR ONLY below the age band may play in the next higher age band team if:

- This BC Rugby Union policy statement has been made clear IN WRITING by the Coach to the player's parents and doctor.
- Players MUST have a signed letter from EACH of the player's parent, the player's Coach, the player's doctor.
- These letters must clearly state the author(s)

fully understands the implications and risks of the player competing in the older age group, and that they each affirm that the player is physically, socially and mentally mature enough to play at that next higher Age Grade.  
- Copies of the Coach's letters to the doctor and parents, and the letters from the parents, doctor, and Coach, together with copies of the player's registration form, birth certificate and high school picture ID must be filed with the BC Rugby Union prior to the athlete taking the field in an Age Grade game above his/her natural age band.

All BC Summer Games participants in Rugby must be registered with the BCRU and be members in good standing.

Athletes may only attend one BC Games to compete in Rugby.

Teams are Zone all-star teams.

Team composition to be determined by the Selection Committee. Identification camps will be held throughout the province starting in April 2016, with team selection finalized no later than early June 2016. Final team selection will be the responsibility of a Zone Selection Committee, chaired by the Zone Representative.

Seven-a-side Laws will apply.

All Head Coaches must be certified in Introduction to Competition. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament Draw to be determined by the BC Rugby Union. Competition will be seven-a-side. The minimum number of games played per team will depend on the total number of teams. If there are 8 teams, each will play a minimum of 7 games; if there are 6 or 7 teams, each will play a minimum of 6.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

Equipment:

A regulation size field with post pads and sideline flags will be used.

Zone Selections and Registration Deadline:

The BC Rugby Union states that all zone qualification trials must be held by June 6, 2016 and all online registration must be completed by 4:00 pm June 13, 2016.

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Accommodation and Transportation:

The BC Rugby Union states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

*Also see BC Games General Rules for further details about accommodation and transportation.*

Medals:

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

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# Technical Package for Sailing

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Sailing last updated: **June 16, 2016.**

*Be sure to check back for updates.*

Venue:

Harrison Lake (Rendall Park)

Age:

Under 15 & Under 19

Age Description:

Youth sailors – 19 years old or under as of December 31, 2016. Optimist sailors – 15 years old or under as of December 31, 2016.

Zone Team Composition:

4 athletes per zone (no more than 2 of one gender) from Zones 1, 7 and 8. 8 athletes per zone (no more than 6 of one gender) from Zones 2, 3, 4, 5, and 6.

Wildcards:

20 wildcard spots (no more than 12 of one gender)

Maximum Athletes:

74

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 1 Assistant Coach per zone. Where a zone includes both male and female athletes, there must be one coach of each gender. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

7

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Every competitor shall be a member of a yacht or sailing club recognized by Sail Canada and BC Sailing Association.

Athletes may attend a second BC Summer Games to compete in Sailing if at the first Games they competed in the Optimist Class AND at the second Games they will compete in

either the Laser or 420 Class. Athletes cannot attend more than two BC Summer Games to compete in Sailing.

It is the responsibility of each competitor to supply his/her boat for the BC Games competition. Travel costs will be reimbursed based on combined transportation from each zone. Mileage claims forms will be provided by the Provincial Advisor for those approved for reimbursement and must be submitted to the BC Games Society within two weeks of the Games. Zone coaches should discuss transportation reimbursement eligibility prior to the Games with the Provincial Advisor. All Head Coaches must be fully certified at Second Year Coach or higher.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of *Making Ethical Decisions* is required for all assistant coaches - [more information can be found here](#).*

#### Events and Categories:

Combined male and female competition except in the Laser Radial class: Club type 420 (Open), Club 420 (female), Laser Radial male, Laser Radial female, Optimist (Red Fleet), and Optimist (Blue Fleet).

Ten races, 1 throw-out; 4 or less races, all races will count. Sailing instructions will be issued upon registration at the BC Games. Races will be sailed under the current rules of the International Sailing Federation (ISAF 2013-2016) and the prescription of Sail Canada; the class rules of the Club type 420, Laser Radial, and Optimist shall apply. The low point scoring system will be used. If 3 or more races are completed by Saturday at 5:00 pm the medal presentations will be held Saturday. If less than 3 races are completed by this time then racing will continue on Sunday and medal presentations will be held before noon.

#### Equipment:

Laser Radial males: Only Radial rigs may be used in this event.

Laser Radial females: Only Radial rigs may be used in this event.

420: Only Club type 420 Class sailboats may be used in this event.

Optimist: Only the Optimist Class sailboat may be used in this event.

Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

Zone Qualification events to be completed by June 10, 2016.

The BC Sailing Association states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Medals will be awarded in each combined male/female event, within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Soccer - Boys

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Soccer - Boys last updated: **December 2, 2015.**

*Be sure to check back for updates.*

Venue:	MRC Sports Complex (artificial turf)
Age:	Under 15
Age Description:	Players must be born in 2001 and 2002 only.
Zone Team Composition:	one team of 18 male competitors per zone.
Wildcards:	Not applicable.
Maximum Athletes:	144
Coaches:	1 Head Coach and 2 Assistant Coaches (support staff) (at least one of whom is male) per team.
<i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	<i>Each zone is required to have a Head Coach. Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials:	16
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	In addition to BC Games General Rules, the following sport-specific eligibility requirements are in effect for participation within the BC Summer Games: A player who is: - In good standing with BC Soccer - Registered with BC Soccer and is outside of a full time High Performance environment - Born in 2001 and 2002 only
<i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	High Performance environments in British Columbia are: EA Sports BC Soccer Premier League, BC Soccer High Performance Program, Whitecaps FC Boys Pre-Residency, Residency and REX Girls Elite Programs & Canada Soccer Association National Team Programs. Players

entering this competition are representing a BC Games Zone and not a youth club or league.

As a result of the age change, athletes who competed in a previous BC Summer Games are eligible for the 2016 BC Summer Games. Athletes who are attending the Games for the first time in Soccer will be given priority in selection, where all other aspects of selection are equal.

All Head Coaches must B License - Provincial certification.

Assistant Coaches (support staff) must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Event format:

Round Robin: 11v11; 2x35min

Finals: 11v11; 2x35min

Competition will be held on turf fields

For further information, please refer to BC Soccer's Operations Manual, which is available on the [BC Soccer website](#).

All equipment used during the BC Games must meet FIFA specifications.

Teams must supply their own training equipment and uniforms.

Match equipment during the BC Summer Games will be provided.

Zone selections determined by: Scouting, player recommendations and on-going evaluation process via regional training camps.

Zone team selections must be completed by June 10, 2016.

Online Registration must be completed by June 10, 2016.

BCSA states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Travel arrangements to and from the Games, must be confirmed by the registration deadline.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

No changes will be made after this time.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Soccer - Girls

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Soccer - Girls last updated: **December 2, 2015.**

*Be sure to check back for updates.*

Venue:	MRC Sports Complex (artificial turf)
Age:	Under 15
Age Description:	Players must be born in 2001 and 2002 only.
Zone Team Composition:	one team of 18 female competitors per zone.
Wildcards:	Not applicable.
Maximum Athletes:	144
Coaches:	1 Head Coach and 2 Assistant Coaches (support staff) (at least one of whom is female) per team.
<i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	<i>Each zone is required to have a Head Coach. Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials:	16
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	In addition to BC Games General Rules, the following sport-specific eligibility requirements are in effect for participation within the BC Summer Games: A player who is: <ul style="list-style-type: none"><li>- In good standing with BC Soccer</li><li>- Registered with BC Soccer and is outside of a full time High Performance environment</li><li>- Born in 2001 and 2002 only</li></ul>
	High Performance environments in British Columbia are: EA Sports BC Soccer Premier League, BC Soccer High Performance Program, Whitecaps FC Boys Pre-Residency, Residency and REX Girls Elite Programs & Canada Soccer Association National Team Programs. Players

entering this competition are representing a BC Games Zone and not a youth club or league.

As a result of the age change, athletes who competed in a previous BC Summer Games are eligible for the 2016 BC Summer Games. Athletes who are attending the Games for the first time in Soccer will be given priority in selection, where all other aspects of selection are equal.

All Head Coaches must B License - Provincial certification.

Assistant Coaches (support staff) must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Event format:

Round Robin: 11v11; 2x35min

Finals: 11v11; 2x35min

Competition will be held on turf fields

For further information, please refer to BC Soccer's Operations Manual, which is available on the [BC Soccer website](#).

All equipment used during the BC Games must meet FIFA specifications.

Teams must supply their own training equipment and uniforms.

Match equipment during the BC Summer Games will be provided.

Zone selections determined by: Scouting, player recommendations and on-going evaluation process via regional training camps.

Zone team selections must be completed by June 10, 2016.

Online Registration must be completed by June 10, 2016.

BCSA states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Travel arrangements to and from the Games, must be confirmed by the registration deadline.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See [BC Games General Rules for registration procedures](#).*

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

No changes will be made after this time.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Softball - Boys

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Softball - Boys last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Abbotsford Exhibition Park - Tom Reuben Ball Pavillion
Age:	Under 16
Age Description:	1st year Pee Wee and 1st and 2nd year Bantam. Under 16 as of December 31, 2015.
Zone Team Composition:	one team consisting of a minimum of 9 and a maximum of 16 male competitors per zone. No bat boys or bat girls are permitted.
Wildcards:	Not applicable.
Maximum Athletes:	128
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 3 Assistant Coaches (at least two of whom must be male), and one of who would serve as Manager, per team. Each zone is required to have one Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	12  <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. <a href="#">See BC Games General Rules for more information.</a></i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	The Special Operating Rules, specifically Article 13, and the Championship Rules of Softball BC shall apply to the BC Summer Games.  Only players currently listed on teams registered with Softball BC on or before June 1, 2016, as chosen during the training and selection process by each appointed Softball BC zone Coaching contingent, are eligible to participate in BC Summer Games.

Information and forms for registering with Softball BC and/or the protocol specific to the BC Summer

Games zone Softball teams, are available from the zone representatives listed on the Softball BC website (<http://www.softball.bc.ca/>) or from Softball BC at PO Box 45570, Sunnyside Mall, Surrey BC V4A 9N3 or phone (604) 531-0044; Fax: (604) 531-8831.

Teams are Zone all-star teams.

Athletes may only attend one BC Games to complete in Softball.

All Head Coaches must be fully certified at NCCP Level 2.

At least two of the Assistant Coaches must be trained at NCCP Level 1. All Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament draw to be made by the Softball BC Provincial Advisor.

Zone team selections and Online Registration must be completed by June 13, 2016.

Softball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

# Technical Package for Softball - Girls

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Softball - Girls last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Abbotsford Exhibition Park - Tom Reuben Ball Pavillion
Age:	Under 16
Age Description:	1st year Pee Wee and 1st and 2nd year Bantam. Under 16 as of December 31, 2015.
Zone Team Composition:	one team consisting of a minimum of 9 and a maximum of 16 female competitors per zone. No bat boys or bat girls are permitted.
Wildcards:	Not applicable.
Maximum Athletes:	128
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 3 Assistant Coaches (at least two of whom must be female), and one of who would serve as Manager, per team. Each zone is required to have one Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	12  <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. <a href="#">See BC Games General Rules</a> for more information.</i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	The Special Operating Rules, specifically Article 13, and the Championship Rules of Softball BC shall apply to the BC Summer Games.  Only players currently listed on teams registered with Softball BC on or before June 1, 2016, as chosen during the training and selection process by each appointed Softball BC zone Coaching contingent, are eligible to participate in BC Summer Games.

Information and forms for registering with Softball BC and/or the protocol specific to the BC Summer

Games zone Softball teams, are available from the zone representatives listed on the Softball BC website (<http://www.softball.bc.ca/>) or from Softball BC at PO Box 45570, Sunnyside Mall, Surrey BC V4A 9N3 or phone (604) 531-0044; Fax: (604) 531-8831.

Teams are Zone all-star teams.

Athletes may only attend one BC Games to complete in Softball.

All Head Coaches must be fully certified at NCCP Level 2.

At least two of the Assistant Coaches must be trained at NCCP Level 1. All Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Tournament draw to be made by the Softball BC Provincial Advisor.

Zone team selections and Online Registration must be completed by June 13, 2016.

Softball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

# Technical Package for Swimming

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Swimming last updated: **July 16, 2015.**

*Be sure to check back for updates.*

Venue:	Centennial Outdoor Pool
Age:	Under 15
Age Description:	12 - 14 years of age as of July 21, 2016.
Zone Team Composition:	For Zones 1, 7, and 8: 10 athletes per zone (5 male and 5 female). For Zones 2, 3, 4, 5, and 6: 20 athletes per zone (10 male and 10 female)
Wildcards:	30 wildcards
Maximum Athletes:	160
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 1 Assistant Coach, one of each gender, per zone. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	30 <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Athletes may attend only one BC Summer Games to compete in Swimming.  Competitors must be registered with SwimBC.  Any swimmer holding a current Swimming Canada Western Championship Standard, prior to May 31, 2016, will be ineligible to compete.  The minimum standard for entry into any individual event shall be the current SwimBC "AA" standard. The Provincial Advisor has the discretion to ease the minimum time standards where necessary.

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

## Events and Categories:

## Equipment:

### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures.](#)*

Swimmers will be limited to a maximum of seven (7) individual events plus relays.

Head Coaches must be trained at the NCCP Competition Introduction (Comp-Int) (or the equivalent). Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Separate events for males and females as outlined below.

Time Final (TF) Events: 400m Freestyle, 800/1500m Freestyle, 400m IM, 4x50m Free Relay, 4x50m Medley Relay  
Heats and Finals Events: 50m Freestyle, 100m Freestyle, 200m Freestyle, 100m Backstroke, 200m Backstroke, 100m Breaststroke, 200m Breaststroke, 100m Butterfly, 200m Butterfly, 200m IM.

Swimmers can enter a maximum of seven (7) individual events plus relays.

Relays: Teams must consist of the required number of competitors so that no competitor can swim more than once in the event. Competitors may only swim for their zone team. Relay teams must be made of athletes all from the same zone. Competitors may not swim a stroke/distance in a relay that they are ineligible to swim as an individual.

All current SwimBC Technical Rules will be in effect at the Games.

Competition uniforms/suits must meet FINA rules.

SwimBC states that all zone selections must be completed by May 31, 2016 (or earlier) and that all entries must be submitted to the Meet Manager using the Hy-tek Meet Management system by June 30, 2016. Entry files may be revised and re-submitted with current best times no later than July 14, 2016.

SUGGESTED 2016 BC SUMMER GAMES  
ATHLETE/COACH SELECTION PROCESS

- All Clubs in your region are required to submit eligible athletes with current season results from any sanctioned competition within the qualifying period of January 1 to May 31, 2016. Relay lead-off legs and time trials will not be considered for selection. All times will be converted from long course to short course at 2% for ranking.
- We would suggest that each Zone Rep identify a coach to assist in the selection procedure.
- FINA point charts to be used to allocate a points score to submitted times.
- The 10 male and 10 female to be selected as follows:
  - Single highest SwimBC ranked swim in each category:
    - Sprint Free (50-100-200)
    - Distance Free (400-800/1500)
    - Backstroke (100-200)
    - Breaststroke (100-200)
    - Butterfly (100-200)
    - IM (200-400)
  - The final four spots selection based on the next highest four SwimBC points scored swims with the caveat that only 3 swimmers may be selected in any one category.
  - Swimmers scoring in more than 1 category, only the highest scored swim shall be considered.

#### Coach Selection

- The Coach of Record of the swimmer with the highest FINA point score shall be named that zone's Head Coach (MUST be trained at the NCCP Competition Introduction (Comp-Int) (or the equivalent), by the first day of competition at the Games).
- In the event that this coach declines, then the coach of the next highest scoring swimmer will be selected.
- The Assistant Coach to be selected by the Head Coach of the zone and the Zone Representative.

SwimBC states that all participants must stay in BC Games accommodation, regardless of where they reside.

Coaches are required to travel on BC Games transportation and stay in Games accommodation.

Athlete are expected to use BC Games transportation for travel to and from the Games. If it is necessary, and by request only (contact

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

the Provincial Advisor), individual swimmers can arrange their own transportation to/from the Games. Once at the Games, the swimmer must stay in Games accommodation and also use the internal transportation services provided by the Games.

Each Zone is required to arrive at the Participant Accreditation Centre as a group, before noon on Thursday, July 21, 2016. Further notice will be provided at a later date.

Medals will be awarded in each event, within the parameters of the BC Games Society Minus-One Rule.

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Swimming - Para

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Swimming - Para last updated: **July 16, 2015.**

*Be sure to check back for updates.*

Venue:	Centennial Outdoor Pool
Age:	12-30
Age Description:	12 - 30 years of age as of July 21, 2016.
Zone Team Composition:	a maximum of 8 athletes for the sport.
Wildcards:	Not applicable.
Maximum Athletes:	8
Coaches:	1 Head Coach and 3 Assistant Coaches for the sport. Where the zone team includes both male and female athletes, the Head Coach and one Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. One Head Coach is required for the sport.
<i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	<i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials:	1
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:	Athletes may only attend two BC Summer Games to compete in Swimming-Para.
<i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Competitors must be registered with SwimBC.  Para swimmers who have been selected to the Western Canada Summer Games, Canada Games, or any Swimming Canada team will be ineligible.  Para swimmers who have held an SR1, SR2, SR Injury, SR2 Injury, C1, or Development card (as

defined by Sport Canada's Athlete Assistance Program) at any time are NOT eligible to compete in the BC Summer Games.

Para swimmers who have competed for any nation at any Pan American Games, Commonwealth Games, Olympic Games, FISU Games, Pan Pacific Championships, Senior World Aquatic Championships, Paralympic Games, IPC Swimming World Championships, Special Olympics World Games, or Para Pan American Games are NOT eligible to compete in the BC Summer Games.

The minimum standard for entry into an individual event shall be the current SwimBC "AA" standard. The Provincial Advisor has the discretion to ease the minimum time standard where necessary.

Head Coaches must be trained at the NCCP Competition Introduction (Comp-Int) (or the equivalent). Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Para-swimmer events will be mixed gender and multi-class. Winners will be determined by using the respective male and female Swimming Canada Points Charts.

50 Free, 100 Free, 200/400 Free (timed final)  
50/100 Back, 50/100 Breast, 50/100 Fly, 150/200 IM, with distances for each class corresponding to the distances outlined in the time standards.

Strokes/events where distances are split by class (e.g. 50/100 Back) will be scored against each other for one set of medallists for each pair of events.

Swimmers can enter up to a maximum of 7 events (as per SwimBC Tech Guide BC Championship Rules).

All current SwimBC Technical Rules will be in effect at the Games.

Competition uniforms/suits must meet FINA

#### Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

#### Equipment:

## Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

## Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

## Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

rules.

The top 8 scoring para-swimmers will be selected. The highest total score of 3 of the BC Games events will be used. (50-100 Free, 200/400 Free, 50/100 Back, 50/100 Breast, 50/100 Fly, 150-200 IM). Only one Freestyle event can be used.

SwimBC states that all selections must be completed by May 31, 2016 and that all entries must be submitted to the Provincial Advisor using the Hy-tek Meet Management system by June 30, 2016. Entry files may be revised and re-submitted with current best times no later than July 14, 2016.

SwimBC states that all participants must stay in BC Games accommodation, regardless of where they reside.

Coaches are required to travel on BC Games transportation and stay in Games accommodation.

Athletes are expected to use BC Games transportation for travel to and from the Games. If it is necessary, and by request only (contact the Provincial Advisor), individual swimmers can arrange their own transportation to/from the Games. Once at the Games, the swimmer must stay in Games accommodation and also use the internal transportation services provided by the Games.

Each Zone is required to arrive at the Participant Accreditation Centre as a group, before noon on Thursday, July 21, 2016.

Medals will be awarded in each event, within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Swimming - Special Olympics

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Swimming - Special Olympics last updated: **July 2, 2015.**

*Be sure to check back for updates.*

Venue:	Centennial Outdoor Pool
Age:	Over 13
Age Description:	Minimum 13 years of age as of July 21, 2016.
Zone Team Composition:	a maximum of 12 male and 12 female athletes.
Wildcards:	Not applicable.
Maximum Athletes:	24
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and up to 5 Assistant Coaches. At least one Head Coach must be registered for the sport. There must be at least one coach of each gender. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	1  <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	Athletes may attend only two BC Summer Games to compete in Swimming.  All athletes must be registered with Special Olympics BC prior to the selection deadline and must have participated in a provincially sanctioned Special Olympics Event by May 2016.
Coach Eligibility:  <i>Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games. See <a href="#">BC Games General Rules</a> for information about the roles of the head coach and assistant coach.</i>	All Head Coaches must have taken the Introduction to Competition SOC, Introduction to Competition Part A (NCCP), and be trained in Swim Level 2 (NCCP). Assistant Coaches must have completed Making Ethical Decisions.  <i>BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - <a href="#">click here for details</a>. A minimum of Making Ethical</i>

*Decisions is required for all assistant coaches - more information can be found here.*

## Events and Categories:

Separate events for males and females in: 50 Free, 100 Free, 200 Free  
4x50 FR  
50 Back, 100 Back  
100 IM  
50 Breast, 100 Breast  
50 Fly

Swimmers can enter up to a maximum of 9 events plus relays (as per SwimBC Tech Guide).

Teams must consist of the required number of competitors so that no competitor can swim more than once in the event. Competitors may only swim for their Zone Team. Competitors may not swim a stroke/distance in a relay event that they are ineligible to swim as an individual. Each zone will only have one designate that will count towards points, but may swim others for time only.

All individual and relay events to be swum as Time Finals

All current Swimming Canada / SwimBC technical rules will be in effect at the Games.

## Equipment:

### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Selection criteria will be established Special Olympics BC and circulated by October 31, 2015 for SOC athletes. This selection process will be posted on the Special Olympics BC website ([www.specialolympics.bc.ca](http://www.specialolympics.bc.ca)).

All selections will be determined by BC Special Olympics no later than May 15, 2016.

Head Coaches and Assistant Coaches are required to stay in BC Games accommodation.

### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

Any participant under the age of 19 who resides outside of the local school district must reside in BC Games accommodation. The exception to this is any participant with a disability under 19 years may choose to reside outside BC Games accommodation. Participants 19 and older may reside in BC Games accommodation or choose and book local accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they also will not be eligible for transportation at the Games. Meals will be provided as per the Bus & Meal Schedule for the sport.

Medals will be awarded in each event, within the

## Medals:

parameters of the BC Games Society Minus-One Rule.

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

# Technical Package for Synchronized Swimming

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Synchronized Swimming last updated: **January 13, 2016.**

*Be sure to check back for updates.*

Venue:	Walnut Grove Community Centre (Township of Langley)
Age:	11 - 15
Age Description:	11 – 15 years of age as of December 31, 2016.
Zone Team Composition:	5 competitors per zone.
Wildcards:	16 wildcard spots
Maximum Athletes:	56
Coaches:	1 Head Coach and 1 Assistant Coach per zone.
<i>(See BC Games General Rules for information about the "adult supervisor" role)</i>	An additional adult (registered as Adult Supervisor or Assistant Coach, depending on coach certification - see BC Games General Rules) will be permitted ONLY where both Coaches are under 19 and with the approval of the Provincial Advisor. If the zone includes male athletes, at least of the Coaches must be male. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials:	17
<i>(the number of Officials the sport is permitted to register as participants)</i>	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:	Provincial and National Stream athletes in Age Group 11-12 and Age Group 13-15 who meet the age requirement are eligible to participate in the BC Summer Games. Athletes who qualify for a Synchro Canada National and/or Synchro BC Provincial Team are NOT eligible. National Stream athletes with a total figure score of 65.1 or higher at their respective Provincial Championship are NOT eligible.
<i>In addition to BC Games General Rules, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	

In order to allow for the highest level of competition possible, Age Group 13-15 athletes will be given priority in the zone qualification.

All athletes must be registered as athletes through a Club or facility affiliated with Synchro BC by December 31, 2015. A \$30 minimum fee may be charged at the zone qualification meet. BC Summer Games trials will be held at each zone's appropriate Regions Training meet, dates to be determined.

Trials will consist of a Figures Competition using the same figures as are used at the Games. See Synchro BC for specific trial information and details.

Athletes may attend a second BC Summer Games to compete in the Age Group 13-15 only if they competed the lower Level/Age Group/Category at a previous BC Summer Games. Athletes may not attend more than two BC Summer Games to compete in Synchronized Swimming.

Wildcard spots are allocated by the Provincial Advisor.

All Head Coaches must be fully certified at either NCCP Level 2 or Competition Introduction. Assistant Coaches must be fully certified at either NCCP Level 1 or Synchro Instructor and must have completed Making Ethical Decisions. Please provide NCCP # with application.

Zone Representatives must inform the Provincial Advisor of the Coach and Assistant Coach/manager no later than January 31, 2016.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

All athletes MUST enter the Figure event and be registered in at least one Routine event.

Events:

Figures: Age Group 11-12 or Age Group 13-15

Solo: Age Group 11-12 or Age Group 13-15

#### Coach Eligibility:

***Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.***

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

#### Events and Categories:

Maximum of two (2) Age Group 11-12 solos and two (2) Age Group 13-15 solos per zone.

Duet: Age Group 11-12 or Age Group 13-15  
Athletes from different Age Groups may perform a duet together – the highest age group will determine the category. Each duet member must enter the Figure event in her own category. Maximum of two (2) Age Group 11-12 duets and two (2) Age Group 13-15 duets per zone. One alternate per duet is allowed.

Team: Age Group 11-12 or Age Group 13-15  
Teams may have a minimum of 4 and a maximum of 8 athletes. A zone may have more than one team in the same category. There will be no alternates allowed for team routines.

Figure placings are determined by final figure score. Final placing for the Routine events will be determined by championship score (50% figure Score + 50% routine score).

Figures: Age Group 11-12

1. Ballet Leg Single
2. Barracuda
3. Oceanita
4. Kip

Figures: Age Group 13-15

1. Ariana
2. Barracuda Spinning 180
3. Heron
4. Porpoise Spin 180

Routine Time limits:

Age Group 11-12 - solo 2:00, duet 2:30, team 3:00 - all times +/- 15 sec

Age Group 13-15 - solo 2:15, duet 2:45, team 3:30 - all times +/- 15 sec

Deck work for all routines shall not exceed 10 seconds

Penalties:

Penalties for Figures: A one point penalty shall be deducted from the total score for the figure after the degree of difficulty has been computed if:

- an athlete performs other than the figure posted for that panel and then performs the correct figure on the second attempt, after being informed of the nature of the error by the referee, or
- if an athlete stops during the figure and

requests to do the figure again.

The judges shall award (but not flash) a zero if the athlete does not make a second attempt or if on the second attempt performs a wrong figure.

Penalties for Routines: A one point penalty shall be deducted from the routine score in the event that:

- the time limit for deck movement is exceeded, or
- the routine is timed at more than 15 seconds less or more than the time limit allowed.
- the athlete uses the bottom of the pool to aid in performing the routine.

Coaches will be required to provide MP3 songs via Drop Box 2 weeks prior to competition. A link to Drop Box will be provided once Head Coaches have been selected. A 5 second lead in before the music begins, should be added. Professional sound editing is mandatory. Back-up CD's and iPods need to be at hand at any time by the Head Coach.

Synchro BC states that the zone qualification meets will be held concurrently with the 2015 Training Meets. A separate figure event will be held at this championship and zones that do not participate in this meet can hold their own qualification meet.

Athletes in each zone will be selected by final figure score in their respective trials. The figures performed for zone selections will be the 2016 BC Summer Games figures.

All zone qualifications must be completed, and a copy of the selection results must be handed in to the Provincial Advisor, no later than April 15, 2016.

Zone Representatives must complete the Online Registration no later than June 13, 2016. Synchro BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Participants are required to travel to and from the Games with their team, on BC Games transportation, where provided, unless approval for exceptions is received from the Provincial Advisor or Synchro BC, PRIOR TO the Games.

Equipment:

Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

Medals will be awarded in each event within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Towed Water Sports

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Towed Water Sports last updated: **November 4, 2015.**

*Be sure to check back for updates.*

Venue:	Albert Dyck Memorial Park
Age:	10 - 17
Age Description:	10 – 17 years of age as of January 1, 2016.
Zone Team Composition:	A team of up to 7 athletes (no more than 4 of one gender) per zone. Zones are encouraged to have at least one athlete in each discipline. Athletes may not compete in more than three disciplines.
Wildcards:	8 wildcard spots (no more than 5 of one gender)
Maximum Athletes:	64
Coaches:	1 Head Coach and 1 Assistant Coach (one of each gender) per zone. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials:	20 <i>(the number of Officials the sport is permitted to register as participants)</i> <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:	Competitors must be members of the Water Ski and Wakeboard BC. Membership numbers will be checked two weeks prior to the first day of competition.  Zones will select a team of athletes that has the best overall skill set in the BC Games disciplines. Zones are encouraged to have at least one athlete in each discipline. Athletes may compete in three of the six disciplines. Each athlete may not compete in more than three

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

disciplines.

Athletes 14-17 years old may compete in a second BC Games in Towed Water Sports if they meet one of the following criteria: achieved a top 3 ranking at the 2015 wakeboard or waterski provincials in their respective age category OR have moved from a lower level Rip N' Ride certification to gold certification in each discipline they will be competing in at their second BC Games. .

All Head Coaches must be fully certified at NCCP Level 2 (water skiing) and Multi-Sport Module A and B or have completed RIP N RIDE - Build the Skills. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Age categories:

- 10-13 female
- 10-13 male
- 14-17 female
- 14-17 male

Competition in the following disciplines will be held in each age category:

- Wakeboard
- Wakeskate
- Barefoot
- Slalom
- Trick
- Jump

Scoring: Scores for each discipline will be calculated relative to field and points are awarded to the zone team for each event. Points will be tallied and awarded on a team basis.

Athletes must supply their own skis.

Competition will be a zone team format. Zones are encouraged to have at least one athlete in each discipline. Each athlete may not compete in more than three disciplines.

WSWBC states that Zone Qualifications. Zone Teams are picked from results from the previous year sanctioned events. Results from

Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Events and Categories:

Equipment:

Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See [BC Games General Rules for registration procedures](#).*

2015 in any sanctioned event will go towards qualification for the 2016 BC Summer Games based on the divisions above. If required, any tournament in 2016 will also qualify as long as the event is held 7 days before the BC Games registration deadline.

All registration must be completed using the BC Games Participant Online Registration by the Zone Reps/Head Coaches by June 18, 2016. WSWBC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Medals will be awarded for zone team competition based on zone team member performance in each category. The point system for scoring will be available from Water Ski Wakeboard BC closer to the Games.

In addition, medals will be awarded for each discipline in each category.

All medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules.](#)*

# Technical Package for Triathlon

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Triathlon last updated: **April 5, 2016.**

*Be sure to check back for updates.*

Venue:	Albert Dyck Memorial Park
Age:	14 - 15
Age Description:	14 – 15 years of age as of December 31, 2016.
Zone Team Composition:	4 competitors (no more than 3 of one gender) per zone.
Wildcards:	14 wildcard spots (no more than 8 of one gender)
Maximum Athletes:	46
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 1 Assistant Coach per zone. Where the zone team includes both male and female athletes, the Head Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	6  <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	The competition is open to all competitors who meet the age and registration requirements of Triathlon BC. Competitors must be members of Triathlon BC prior to the Games.

Athletes may only attend one BC Games to compete in Triathlon.

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

## Events and Categories:

All Head Coaches must be fully certified at Comp Intro. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Separate Male and Female Events as follows:

Friday:

Duathlon - 1 km run / 5 km bike / 1 km run

Aquathlon - 300 m swim / 1 km run

Saturday:

Super Sprint Triathlon - 500m swim / 10km bike / 3km run

Super Sprint Relay - distances TBD (note this will be a non-medal event)

Sunday:

F1 Triathlon - 200 m swim / 3 km bike / 1 km run

All athletes must compete in all five events.

## Equipment:

Equipment must meet Kids of Steel age specific requirements.

## Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See [BC Games General Rules for registration procedures](#).*

Zone selection races and camps will be held throughout the Province in May/June 2016. Triathlon BC states that Zone selections are to be completed no later than June 13, 2016, extension considered by Triathlon BC.

## Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Triathlon BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

## Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules.](#)*

Medals will be awarded in each event within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Volleyball - Beach

## Abbotsford 2016 BC Summer Games

July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Volleyball - Beach last updated: **August 13, 2015.**

*Be sure to check back for updates.*

Venue:	Mill Lake Park
Age:	17 and Under
Age Description:	Born in 1999 and later.
Zone Team Composition:	two teams of 2 male competitors and two teams of 2 female competitors for a total of 4 teams per zone.
Wildcards:	Not applicable.
Maximum Athletes:	64
Coaches: <i>(See <a href="#">BC Games General Rules</a> for information about the "adult supervisor" role)</i>	1 Head Coach and 1 Assistant Coach (Team Leader), one of each gender, per zone. Each zone is required to have a Head Coach. <i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See <a href="#">BC Games General Rules</a> for more information.</i>
Officials: <i>(the number of Officials the sport is permitted to register as participants)</i>	6 <i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See <a href="#">BC Games General Rules</a> for more information.</i>
Athlete Eligibility:  <i>In addition to <a href="#">BC Games General Rules</a>, the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.</i>	The competition is open to all players who meet the age and registration requirements of Volleyball BC.  Coaches/managers should contact zone representatives regarding Volleyball BC memberships prior to team selections. Forward registrations to Volleyball BC, 7564 Barnet Hwy., Burnaby BC V5A 1E7 or call (604) 291-2007 ext #22.  Teams are zone all-star teams.  Athletes may only attend one BC Games to

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

## Events and Categories:

### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See [BC Games General Rules for registration procedures](#).*

#### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the [BC Games General Rules](#).*

compete in Volleyball-Beach.

Head Coaches are required to be fully certified at NCCP Level 2. If this is not possible for a zone to meet, then upon approval of the Provincial Advisor, the zone may be permitted to have an Assistant Coach with the certification instead of the Head Coach. One of the coaches with each zone team must meet the certification requirement. All Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Team competition with two girls' and two boys' teams from each zone. If all zones are represented, each group will be divided into four pools of four teams for round robin competition.

Zone qualification camps will be held throughout the province at the end of May/beginning of June. Volleyball BC states that all zone qualifications and Online Registration must be completed no later than June 13, 2016.

Volleyball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Volleyball - Boys

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Volleyball - Boys last updated: **August 13, 2015.**

*Be sure to check back for updates.*

Venue:

University of the Fraser Valley/2nd venue  
TBD

Age:

15 and Under

Age Description:

Born 2001 and later.

Zone Team Composition:

one team of 12 male competitors per zone.

Wildcards:

Not applicable.

Maximum Athletes:

96

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 1 Assistant Coach, at least one of whom is male, per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

6

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

The competition is open to all players who meet the age and registration requirements of the Volleyball BC.

Coaches/managers should contact Zone Representatives regarding Volleyball BC memberships prior to team selections. Forward registrations to Volleyball BC at 7564 Barnet Hwy., Burnaby BC V5A 1E7 or call (604) 291-2007 ext #22.

Teams are zone all-star teams.

Athletes may only attend one BC Games to compete in Volleyball (Indoor).

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Head Coaches are required to be fully certified at NCCP Level 1 - Volleyball Development Coach. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

## Events and Categories:

Team competition with one team from each zone. If all zones are represented, each group will be divided into two pools of four teams for round robin competition.

## Equipment:

### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

Zone qualification camps will be held throughout the province at the end of May/beginning of June. Volleyball BC states that all zone qualifications and Online Registration must be completed no later than June 13, 2016.

### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Volleyball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

## Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Volleyball - Girls

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Volleyball - Girls last updated: **August 13, 2015.**

*Be sure to check back for updates.*

Venue:

University of the Fraser Valley/2nd venue  
TBD

Age:

15 and Under

Age Description:

Born 2001 and later.

Zone Team Composition:

one team of 12 female competitors per zone

Wildcards:

Not applicable.

Maximum Athletes:

96

Coaches:

*(See [BC Games General Rules](#) for information about the "adult supervisor" role)*

1 Head Coach and 1 Assistant Coach, at least one of whom is female, per zone. Each zone is required to have a Head Coach.

*Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See [BC Games General Rules](#) for more information.*

Officials:

*(the number of Officials the sport is permitted to register as participants)*

6

*Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See [BC Games General Rules](#) for more information.*

Athlete Eligibility:

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

The competition is open to all players who meet the age and registration requirements of the Volleyball BC.

Coaches/managers should contact Zone Representatives regarding Volleyball BC memberships prior to team selections. Forward registrations to Volleyball BC at 7564 Barnet Hwy., Burnaby BC V5A 1E7 or call (604) 291-2007 ext #22.

Teams are zone all-star teams.

Athletes may only attend one BC Games to compete in Volleyball (Indoor).

## Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

Head Coaches are required to be fully certified at NCCP Level 1 - Volleyball Development Coach. Assistant Coaches must have completed Making Ethical Decisions.

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

## Events and Categories:

Team competition with one team from each zone. If all zones are represented, each group will be divided into two pools of four teams for round robin competition.

## Equipment:

### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than **4:00 pm on Monday, June 20, 2016**, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. [See BC Games General Rules for registration procedures](#).*

Zone qualification camps will be held throughout the province at the end of May/beginning of June. Volleyball BC states that all zone qualifications and Online Registration must be completed no later than June 13, 2016.

### Accommodation and Transportation:

*Also see [BC Games General Rules](#) for further details about [accommodation](#) and [transportation](#).*

Volleyball BC states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

## Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. [For more details about BC Games medals, review the BC Games General Rules](#).*

Gold, Silver, and Bronze medals will be awarded within the parameters of the BC Games Society Minus-One Rule.

# Technical Package for Wrestling

## Abbotsford 2016 BC Summer Games July 21-24, 2016

Technical Packages provide details of the eligibility requirements as well as event and competition information. In order to fully understand the rules and requirements for participation in the BC Games, it is expected that the BC Games General Rules will be read in addition to the sport-specific information contained in the Technical Package.

- [Click here to review BC Games General Rules.](#)
- [Click here to view the technical package for another sport.](#)

Technical Package for Wrestling last updated: **August 13, 2015.**

*Be sure to check back for updates.*

Venue:	WJ Mouat Secondary
Age:	14 - 17
Age Description:	14 – 17 years as of December 31, 2016.
Zone Team Composition:	14 competitors (no more than 10 of one gender) per zone.
Wildcards:	24 wildcards (no more than 18 of one gender)
Maximum Athletes:	136
Coaches:	1 Head Coach and 1 Assistant Coach (one male and one female) per zone. Where the zone team includes both male and female athletes, the Coach and Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. Each zone is required to have a Head Coach.
	<i>Every zone must name a head coach. If assistant coaches have any NCCP training they are registered with the role "assistant coach", otherwise they are registered with the role "adult supervisor". See BC Games General Rules for more information.</i>
Officials:	14
	<i>(the number of Officials the sport is permitted to register as participants)</i>
	<i>Transportation, accommodation, and meals, as arranged by the Host Society, will be provided for officials. See BC Games General Rules for more information.</i>
Athlete Eligibility:	Participants must be members of BCWA. To register, send name and address to: BC Wrestling Association, Unit #8, 7850 Edmonds Street, Burnaby, BC V3N 1B8 or via email to: <a href="mailto:info@bcwrestling.com">info@bcwrestling.com</a>

*In addition to [BC Games General Rules](#), the sport-specific eligibility requirements noted in this technical package are in effect for the 2016 BC Summer Games.*

Wrestlers who placed 1st, 2nd, or 3rd at any Canadian Juvenile or Junior National Championship are not eligible to participate in the BC Summer Games. The only exceptions to this are those athletes who had fewer than 6 participants in their weight class at the National Championship.

Exceptions must be approved by the Provincial Advisor.

Athletes who have been selected and competed for Canada as a member of the Canadian Cadet National Team at the Cadet World Championships or Pan American Championships are not eligible to compete at the BC Summer Games.

Athletes may only attend one BC Games to complete in Wrestling.

Wildcard positions will be given to athletes who are unsuccessful in qualifying for the zone teams.

These athletes must submit an application form to BC Wrestling through their Zone Representative in order to be considered. The 24 athletes with the highest tournament points from the current season (Provincial Development Plan) will be awarded the wildcard spots. Wildcard athletes will not contribute to team points.

All Head Coaches must be fully certified at NCCP Level 2 or Intro Comp Certified.

Coach Eligibility:

*Note that the role of head coaches and assistant coaches at the BC Games includes travelling to and from the Games with the team/zone, residing with the team/zone in BC Games accommodation, and acting in a supervisory capacity throughout the Games.*

*See [BC Games General Rules](#) for information about the roles of the head coach and assistant coach.*

*BC Games General Rules dictate the level of coach certification required for head coaches and assistant coaches unless otherwise stated in this Technical Package - [click here for details](#). A minimum of Making Ethical Decisions is required for all assistant coaches - [more information can be found here](#).*

Events and Categories:

Weight Classes:

Boys: 45kg, 48kg, 51kg, 54kg, 57kg, 60kg, 63kg, 66kg, 70kg, 74kg, 78kg, 84kg, 90kg, and 110kg (Maximum)

Girls: 47kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, and 90kg (Maximum)

Weigh-in: Each athlete will weigh-in after their zone has been accredited. There will be a 1 kg allowance.

Rules: Contact Provincial Sport Organization. (BCSSWA High School Rules)

Team Classification:

At the BC Summer Games, team points will be awarded in each weight class.

The top 14 (Wildcards can be used as long as not more than 14) placing wrestlers from each zone in a given weight class, will be awarded team classification points.

1st - 16 points

2nd - 12 points

3rd - 9 points

4th - 6 points

5th - 3 points

6th - 1 point

Any weight class, involving boys or girls, that has fewer than six participants in the BC Games will not have their team points calculated from the top of the team point scale above. Instead, team points would count from the bottom of the scale if there are fewer than six participants. Example: If there are three participants, 1st would receive 6 points, 2nd would receive 3 points and 3rd would receive 1 point. AGM 2004

In the event of a tie between two teams, the placing will be determined by using the following tie-breaking criteria. Each step shall be applied until the tie no longer exists. - the team with the most 1st place finishes - the team with the most 2nd place finishes ! - the team with the most 3rd place finishes ! - the team with the most 4th place finishes ! - the team with the most 5th place finishes ! - the team with the most 6th place finishes If a tie still exists, it shall be recorded as such. In the event of a tie between more than two teams, use the tie-breaking criteria listed above until one place can be determined. Then start over and use the criteria to break the remaining tie(s).

The BC Wrestling Association states that wrestlers must qualify through the Zone Representative or Coach/manager if not affiliated with an existing team.

Zone selections must be made by June 13, 2016.

It is incumbent on Coaches to select athletes who have demonstrated that they possess the skill and technique required to compete at the BC Games.

Wildcard positions will be given to athletes who are unsuccessful in qualifying for the zone teams. These athletes must submit an application form to BC Wrestling through their Zone Representative to be considered. The 24 athletes with the highest tournament points from the current season (Provincial Development Plan) will be awarded the wildcard spots. Wildcard athletes will not contribute to team points.

The BC Wrestling Association states that all participants are required to stay in BC Games accommodation, regardless of where they reside.

Medals will be awarded in each weight category

#### Equipment:

#### Zone Selections and Registration Deadline:

*BC Games Society requires all registration be completed using the BC Games Participant Online Registration process no later than 4:00 pm on Monday, June 20, 2016, unless an earlier date is set by the Provincial Sport Organization and is included in this technical package. See BC Games General Rules for registration procedures.*

#### Accommodation and Transportation:

*Also see BC Games General Rules for further details about accommodation and transportation.*

#### Medals:

*The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver, and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded, and when there are two competitors or teams only a Gold medal will be awarded. For more details about BC Games medals, review the BC Games General Rules.*

based on individual wrestler results from the tournament, within the parameters of the BC Games Society Minus-One Rule.

Medals will also be awarded to the top teams based on a zone team competition.