



DIVING

North Peace Leisure Pool



9505 100 St, Fort St. John



THURSDAY, FEBRUARY 20

Start	End	Event
9:30 AM	10:00 AM	Dry land Warm-up
10:00 AM	11:00 AM	Practice Session Group 1
11:00 AM	12:00 PM	Practice Session Group 2
1:00 PM	2:00 PM	Practice Session Group 2
2:00 PM	3:00 PM	Practice Session Group 1

FRIDAY, FEBRUARY 21

Start	End	Event
8:30 AM	9:00 AM	Dry land Warm-up
9:00 AM	9:45 AM	Group 2 Pool Warm-up
9:45 AM	10:30 AM	Group 1 Pool Warm-up
10:45 AM	11:05 AM	Boys C 1m Final
11:35 AM	11:50 AM	Boys B 3m (Preliminary)
11:50 AM	12:20 PM	Event Warm-up
12:30 PM	1:15 PM	Girls C 3m Final
1:45 PM	2:15 PM	Girls B 1m (Preliminary)
2:30 PM	2:45 PM	Medal Presentation - Boys C 1m, Girls C 3m
2:45 PM	3:00 PM	Finals warm up
3:05 PM	3:20 PM	Opening Ceremony
3:30 PM	3:45 PM	Boys B 3m Final
4:15 PM	4:35 PM	Girls B 1m Final
4:45 PM	5:15 PM	Medal Presentation - Boys B 3m, Girls B 1m

SATURDAY, FEBRUARY 22

Start	End	Event
8:30 AM	9:00 AM	Dry land Warm-up
9:00 AM	9:45 AM	Group 1 Pool Warm-up
9:45 AM	10:30 AM	Group 2 Pool Warm-up
10:45 AM	11:15 AM	Girls C 1m Final
11:45 AM	12:30 PM	Girls B 3m (Preliminary)
12:30 PM	1:00 PM	Event Warm-up
1:05 PM	1:35 PM	Boys C 3m Final
2:00 PM	2:20 PM	Boys B 1m (Preliminary)
2:45 PM	3:00 PM	Medal Presentation Girls C 1m, Boys C 3m
3:00 PM	3:15 PM	Event Warm-up
3:20 PM	3:50 PM	Girls B 3m Final
4:15 PM	4:45 PM	Boys B 1m Final
5:00 PM	5:30 PM	Medal Presentation Girls B 3m, Boys B 1m

SUNDAY, FEBRUARY 23

Start	End	Event
9:00 AM	10:00 AM	General Warm-up
10:00 AM	11:00 AM	Strategic Diving Competition
11:10 AM		Awards and Sport Presentations (no formal medal presentations)