



KARATE

Pomeroy Hotel and Conference Centre



11308 Alaska Road



THURSDAY, FEBRUARY 20

Start	End	Event
9:00 AM	4:00 PM	Officials & Scorekeepers Clinic - Meeting Room TBD
11:00 AM	12:00 PM	Karate Meeting - athletes, coaches and key volunteers
12:00 PM	4:00 PM	Height Check & Rotating Zone Team Practice
2:00 PM	4:00 PM	Volunteer Training

FRIDAY, FEBRUARY 21

Start	End	Event
8:30 AM	9:00 AM	Pre-Competition Set-up/Warm-up
9:00 AM	9:30 AM	Opening Ceremony - Athlete March In
9:30 AM	5:00 PM	Kata & Kumite Competition

SATURDAY, FEBRUARY 22

Start	End	Event
8:30 AM	9:00 AM	Pre-Competition Set-up/Warm-up
9:00 AM	5:00 PM	Kata & Kumite Competition

SUNDAY, FEBRUARY 23

Start	End	Event
8:00 AM	8:30 AM	Pre-Competition Set-up/Warm-up
8:30 AM	11:00 AM	Kata & Kumite Competition
9:30 AM	11:00 AM	Team Kumite Finals
11:00 AM	11:30 AM	Medal Presentations